

Senior Connections ***Resource Guide***

For older adults, caregivers,
and their families in
PINAL and GILA counties



Pinal-Gila Council for Senior Citizens
Area Agency on Aging, Region V
www.pgscsc.org



Pinal-Gila Council for Senior Citizens

A Message for Older Adults, Caregivers and Their Families

We hope that this guide will help you navigate the path more easily to find the resources you need for yourself and to support your family member or friend as their needs increase. This guide has been written in 9 sections and includes: 1) Area Agencies/AARP/DES; 2) Information and Referral; 3) Caregiver Organizations; 4) National Aging Organizations; 5) Arizona Attorney General Life Care Planning Packet; 6) Must Have Caregiver Forms; 7) Program Benefits and Eligibility Chart; 8) Local Government Contacts Information; and 9) Community Resources.

Pinal-Gila Council for Senior Citizens is here to help by providing assistance and information as well as to continue advocating on your behalf. Our goal is to ensure that the resources needed for older adults and caregivers can be expanded to meet the growing need.

If you are a caregiver, you are one of over 570,000 caregivers in Arizona. If you are aged 60 or older, you are one of over 1,232,000 residents in Arizona in that age group. So please, remember that you are not alone.

We appreciate the support from AARP Arizona which provided the initial funding and support for the first resource guide specifically for older adults and caregivers in Pinal and Gila counties. Five years later, 2013, an update was essential.

Sincerely,

Olivia B. Guerrero, M.S.
President and CEO

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SECTION I

OVERVIEW OF

PINAL-GILA COUNCIL FOR SENIOR CITIZENS,

ARIZONA AREA AGENCIES and

DES ARIZONA DIVISION OF AGING AND ADULT

SERVICES



Pinal-Gila Council for Senior Citizens

Area Agency on Aging, Region V

8969 W. McCartney Road, Casa Grande, AZ 85194

1-800-293-9393 or (520) 836-2758

www.pgcsc.org

Incorporated in 1974, Pinal-Gila Council for Senior Citizens is a non-profit organization designated as the Area Agency on Aging for Region V, which encompasses Pinal and Gila counties. PGCSC's mission is to assist seniors and persons with disabilities in Region V achieve and maintain self-sufficiency with dignity, and offer choices of appropriate care by providing a wide range of community and home based services. PGCSC also represents the interests of the elderly and acts to advocate for change in public and private attitudes, policies, and regulations.

PGCSC provides a wide variety of services for seniors, persons with disabilities and caregivers. These services are offered directly or through a network of provider agencies. PGCSC services include, but are not limited to, the following:

- Information, Referral and Assistance
- Aging, Disability and Caregiver Support Resources
- Benefits, Entitlements and Advocacy (State Health Care Insurance Program, Ombudsman Program (Nursing Home Advocacy), and Senior Medicare Patrol (Medicare/Medicaid fraud and abuse)
- Independent Living Services- Caregiver Support Services, Health Promotion and Drug and Alcohol Prevention Services
- Home Care (Housekeeping, Personal, Attendant and Respite Care)
- Case Management
- Meals On Wheels – Home Delivered Meals
- Legal Services and Legal Help Line
- Mature Work Force Development (Senior Employment and Training Program)
- Multipurpose Senior Centers (Social, Nutritional, Wellness Support and Transportation)
- Santa Cruz Village Apartments a HUD 202/Section 8 (Senior & Persons with Disability Low Income Independent Living apartment complex)
- Adult Care Essentials (Care Options Planning)
- Mobility Management - Transportation Coordination and Senior Rides Transit Program Training
- Grandparents Raising Grandchildren Programs
- Volunteer Services and Opportunities for placement

Pinal-Gila Council's Senior Foundation

The Pinal-Gila Council's Senior Foundation was incorporated in 2004. Its purpose is to perform the charitable functions of PGCSC. The Foundation is governed by a board of directors composed of concerned community members who endeavor on behalf of seniors and persons with disabilities.

The Pinal Council's Senior Foundation has partnered with PGCSC to help with the crisis of senior hunger in our communities. The goal of this effort is to ensure that every senior who needs a meal gets a meal. If you are interested in helping seniors and persons with disabilities that are homebound and in need home delivered meals, please contact the Foundation and join us in our efforts to reduce senior hunger.

The Meals On Wheels program provides home delivered meals to homebound elderly adults and persons with disabilities who are at risk of losing their independence due to poor nutrition and support

AREA AGENCIES ON AGING

Pinal-Gila Council for Senior Citizens is one of eight Area Agencies on Aging throughout the State of Arizona. These are organizations which administer, coordinate and offer a variety of services for adults aged 60 and over, adults with disabilities and those who care for older adults. Area Agencies provide some services directly and others are provided by their contracted agencies. The focus of services offered is to help older adults to continue to live independently in their own homes.

Services and programs vary by agency but most Area Agencies provide:

- **Information and Referral Help**
 - Special Senior Telephone Help Lines
 - Health Insurance Counseling
 - Caregiver Support
 - Case Management

- **Community Based Services**
 - Meals served at nutrition sites and senior centers
 - Volunteer placement
 - Older worker employment training and assistance
 - Recreation and Socialization at senior centers
 - Grandparents raising Grandchildren support
 - Transportation Assistance

- **In-Home Services**
 - Home Delivered Meals
 - Housekeeping Services
 - Telephone Reassurance
 - Personal Care Services
 - Respite Care

- **Housing Services**
 - Referrals to senior housing
 - Help with minor home repairs

- **Protecting Older Adult Rights and Advocacy**
 - Legal Assistance
 - Elder Abuse Prevention
 - Ombudsman Assistance for long-term care patients
 - Advocacy for Seniors on Aging issues and policies

Arizona Area Agencies on Aging

Area Agency on Aging, Region I

1366 E. Thomas Road, #108

Phoenix, AZ 85014

602-264-4357 (24 hour hotline)

602-264-2255 (business hours)

1-888-783-7500

www.aaaphx.org

(serves Maricopa County)

Area Agency on Aging, Region II

Pima Council on Aging
8467 E. Broadway
Tucson, AZ 85710
520-790-7262 (HELP Line)
520-790-0504 (business line)

www.pcoa.org

(serves Pima County)

Area Agency on Aging, Region III

Northern Arizona Council of Governments
43 South San Francisco Street
Flagstaff, AZ 86001
877-521-3500

www.nacog.org

(serves Apache, Navajo, Coconino and Yavapai Counties)

Area Agency on Aging, Region IV

Western Arizona Council of Governments
224 S. 3rd Avenue
Yuma, AZ 85364
928-782-1886
(serves Yuma, Mohave and La Paz Counties)

www.wacog.com

Area Agency on Aging, Region V

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758
1-800-293-9393

www.pgcsc.org

(serves Pinal and Gila Counties)

Area Agency on Aging, Region VI

South Eastern Arizona Governments Organization
300 Collins Road
Bisbee, AZ 85603
520-432-5301

www.seago.org

(serves Cochise, Graham, Greenlee, Seago and Santa Cruz Counties)

Area Agency on Aging, Region VII

Navajo Area Agency on Aging
P O Box Drawer 1390
Window Rock, AZ 86515
928-871-6868

www.naaa.navajo-nsn.gov

(Serves elders living on the Navajo Nation)

Area Agency on Aging, Region VIII

Inter-Tribal Council of Arizona, Inc.
2214 N. Central Avenue, Suite 100
Phoenix, AZ 85004
602-258-4822

www.itcaonline.com

(Serves American Indian elders 60 and over in Arizona)

ELDER CARE LOCATOR

www.eldercare.gov

To locate Area Agency on Aging Programs in other States, call 1-800-677-1116

Arizona Department of Economic Security Division of Aging and Adult Services

The Division of Aging and Adult Services (DAAS), within the Arizona Department of Economic Security, is Arizona's designated State Unit on Aging. The Older American's Act provides the unit with its authority. The unit works closely with all of the eight designated Area Agencies on Aging in the state, advocates for at-risk and older persons and develops and implements a comprehensive service delivery system statewide.

Some of the major initiatives of the Division of Aging and Adult Services are:

- Operating a Central Intake line for Adult Protective Services
- Development of a system of Direct Care Workforce Initiatives to prepare for the state's need for more trained direct care workers.
- Working closely with the Governors Advisory Council on Aging
- Administering various programs for aging including the state long-term care ombudsman program, the family caregiver support program, the mature worker program, the foster grandparent program, Adult Protective Services, the Medicare Patrol Project and the State Health Insurance Assistance Program.

Division of Aging and Adult Services	602-542-4446
State Health Insurance Assistance	1-800-432-4040
Adult Abuse Hotline	1-877-767-2385

Mailing Address:
Department of Economic Security
Division of Aging and Adult Services
1789 W. Jefferson, Site Code 950 A
Phoenix, AZ 85007



SECTION II

INFORMATION AND REFERRAL

INFORMATION AND REFERRAL

There are many agencies and programs not listed in this guide that may be able to help you. If you have not found the services you need in this guide you may contact the more comprehensive community information and referral resources listed below.

PINAL and GILA COUNTIES

Pinal Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85194-7432
520-836-2758 or
Toll free: 1-800-293-9393
www.pgcsc.org

PINAL COUNTY

www.pinalresources.org (on-line directory)
Pinal County Senior Resource Center
94 W. Butte
Florence, AZ 85232
520-866-6271 (Call to schedule use of the building)
520-866-6274

STATEWIDE AND SOUTHERN ARIZONA

Statewide Community Information and Referral
24 hrs per day/7 days per week
1-800-352-3792

ARIZONA STATEWIDE INFORMATION AND REFERRAL

www.211Arizona.org (community information & referral guide)

www.ArizonaSelfHelp.org (on line program eligibility screening)

www.azlinks.gov (aging and disability resource line of the Arizona Aging and Disability Consortium)

www.azcaa.org (Arizona Community Action Association) and People's Information Guide Telephone: 602-604-0640

NATIONAL INFORMATION AND SUPPORT

AARP is a nonprofit, nonpartisan membership organization that helps people 50+ have independence, choice and control in ways that are beneficial and affordable to them and society as a whole.

AARP and the AARP Foundation offer a large variety of programs in areas of health, finances, life enjoyment and advocacy related to special needs of older adults. Examples of programs that can be accessed through AARP are: grandparents raising grandchildren assistance, money management programs for low-income older adults, reverse mortgage education and senior employment programs.

AARP in Arizona (866) 389-5649

www.aarp.org



SECTION III


CAREGIVER WEBSITES

**Caregiver Organizations, Information, Advocacy
and Support Resources**

Toll-free Numbers and Websites

CAREGIVER WEBSITES

Caring for Elders

- AARP 
Toll-free: 866-389-5649 (in Arizona)
Web site: <http://www.aarp.org>
- Eldercare Locator
National Association of Area Agencies on Aging
Toll-free: 800-677-1116
Website <http://www.n4a.org>
- Senior Decision
Senior Care and Housing
Toll-free: 877-222-1845
Website: <http://www.SeniorDecision.com>

End-of-Life Planning, Hospice, Bereavement

- Aging with Dignity
Toll-free: 888- 5WISHES (888-594-7437)
Website: <http://www.AgingWithDignity.org>
- Arizona Hospice and Palliative Care Association (AHPCO)
480-491-0540
www.AHPCO.org
- Grief Support
1675 S. Monument Plaza Circle
Casa Grande, AZ
520-421-7143
- Hospice Directory
Toll free: 800-854-3402
Website: <http://HospiceDirectory.org>

Health Insurance/Prescription Information

- Benefits Check-Up and Benefits Check-Up RX
Website: <http://www.BenefitsCheckup.org>
- Health Insurance quotes
Toll-free: 800-644-3491 or TTY 888-562-0481
Website: <http://www.HealthInsurance.com>
- Medicare Rights Center
Toll-free: 800-333-4114
Website: <http://www.MedicareRights.org>
- Medicare Rx Matters
Toll-free: <http://www.MedicareRxMatters.org>
- Medicare
Toll-free: 800-MEDICARE
Website: <http://www.medicare.gov>
- Medicare Access for Patient's Rx
Website: <http://www/maprx.info>
- National Patient Travel Center
Toll-free: 800-296-1217
Website: <http://www/PatientTravel.org>

Respite Resources

- National Adult Day Services Association, Inc.
Website: <http://www.nadsa.org>
- National Respite Locator Service
919-490-5577
Website: <http://www.RespiteLocator.org>



SECTION IV

NATIONAL ORGANIZATION WEBSITES AND TOLL-FREE NUMBERS FOR CAREGIVERS AND OLDER ADULTS

NATIONAL ORGANIZATION WEBSITES AND TOLL-FREE NUMBERS FOR CAREGIVERS AND OLDER ADULTS

- Alzheimer's Association
Toll-free: 800-272-3900
Web site: <http://www.alz.org>
- American Autoimmune Related Diseases Association
Toll-free: 800-598-4668
Web site: <http://www.aarda.org>
- American Cancer Society
Toll-free: 800-ACS-2345 (800-227-2345)
Web site: <http://www.cancer.org>
- American Diabetes Association
Toll free: 800-DIABETES (800-342-2383)
Web site: <http://www.diabetes.org>
- American Foundation for AIDS Research
Toll free: 800-392-6327
Web site: <http://www.amfar.org>
- American Heart Association
Toll-free: 800-242-8721
Web site: <http://www.americanheart.org>
- American Kidney Foundation
Toll-free: 800-638-8299
Web site: <http://kidneyfund.org>
- American Liver Foundation
Toll free: 800-465-4837
Web site: <http://www.liverfoundation.org>

- American Lung Association
Toll free: 800-586-4872
Web site: <http://www.lungusa.org>
- American Parkinson Disease Association
Toll free: 800-223-2732
Web site: www.apdaparkinson.org
- American Stroke Association
Toll free: 888-4-STROKE (888-478-7653)
Web site: <http://www.strokeassociation.org>
- American Tinnitus Association
Toll free: 800-634-8978
Web site: <http://www.ata.org>
- Amyotrophic Lateral Sclerosis Association (ALS)
Toll free: 800-782-4747
Web site: <http://www.alsa.org>
- Arthritis Foundation
Toll free: 800-283-7800
Web site: <http://www.arthritis.org>
- Asthma & Allergy Foundation
Toll free: 800-7-ASTHMA (800-727-8462)
Web site: <http://www.aafa.org>
- Cancer Research and Prevention Foundation
Toll free: 800-227-2732
Web site: <http://www.preventcancer.org>
- CHADD
(Children and Adults with Attention-Deficit/Hyperactivity Disorder)
Toll free: 800-233-4050
Web site: <http://www.chadd.org>

- Crohns Colitis Foundation of America
Toll-free: 800-343-3637
<http://www.ccfa.org>
- Cystic Fibrosis Foundation
Toll free: 800-FIGHT-CF (800-344-4823)
Website: <http://www.cff.org>
- Easter Seals
Toll-free: 800-221-6827
Web site: <http://www.easter-seals.org>
- Epilepsy Foundation
Toll-free: 800-332-1000
Web site: <http://www.epilepsyfoundation.org>
- Foundation Fighting Blindness
Toll free: 888-394-3937
Web site: <http://www.blindness.org>
- Huntington's Disease Society of America
Toll free: 800-345-4372
Web site: <http://ninds.nih.gov>
- Kidney Cancer Association
Toll free: 800-850-9132
Web site: <http://kidneycancerassociation.org>
- The Leukemia & Lymphoma Society
Toll free: 800-955-4572
Web site: <http://www.leukemia-lymphoma.org>
- Lupus Foundation of America
Web site: <http://www.lupus.org>
- March of Dimes Birth Defects Foundation
March of Dimes Resource Center
Toll Free: 888-663-4637
Web site: <http://www.modimes.org>

- Myasthenia Gravis Foundation of America
Toll free: 800-541-5454
Web site: <http://www.myasthenia.org>
- Myositis Association
Toll free: 800-821-7356
Web site: <http://www.myositis.org>
- National Down Syndrome Society
Toll free: 800-221-4602
Web site: <http://www.ndss.org>
- National Hemophilia Foundation
Toll free: 800-424-2634
Web site: <http://hemophilia.org>
- National Mental Health Association
Toll free: 800-969-6642
Web site: <http://www.nmha.org>
- National Multiple Sclerosis Society
Toll free: 800-344-4867
Web site: <http://www.nationalmssociety.org>
- National Organization for Rare Disorders
Toll free: 800-999-6673
Web site: <http://www.rarediseases.org>
- National Psoriasis Foundation
Toll free: 800-723-9166
Web site: <http://www.psoriasis.org>
- National Sleep Foundation
Toll free: 703-243-1697
Web site: <http://www.sleepfoundation.org>
- Osteogenesis Imperfecta Foundation
Toll free: 800-981-2663
Web site: <http://www/oif.org>

- The Paget Foundation
Toll free: 800-23-PAGET (800-237-2438)
Web site: <http://www.paget.org>
- Parkinson Disease Association
Arizona Chapter
Toll free: 1-866-897-1261
www.azapda.org
- Progressive Supranuclear Palsy Organization
Toll free: 1-800-457-4777
www.curepsp.org
- Sjogren's Syndrome Foundation
Toll free: 800-475-6473
Web site: <http://www.sjogrens.org>
- Spina Bifida Association of America
Toll free: 800-621-3141
Web site: <http://www.sbaa.org>
- Tourette Syndrome Association, Inc.
Toll free: 888-486-8738
Web site: <http://www/tsa-usa.org>
- Tuberous Sclerosis Alliance
Toll free: 800-225-6872
Web site: <http://www.tsalliance.org>
- United Ostomy Association
Toll free: 800-826-0826
Web site: <http://www.uoaa.org>
- United Cerebral Palsy
Toll free: 800-872-5827
Web site: www.ucp.org



SECTION V

ARIZONA ATTORNEY GENERAL'S LIFE-CARE PLANNING PACKET

ARIZONA ATTORNEY GENERAL'S LIFE-CARE PLANNING PACKET

These documents are forms from the Arizona Attorney General website and may be accessed there as well as in this directory. A General Power of Attorney is not available there and is not included here. If you have questions about any of these forms or want a General Power of Attorney, please contact your attorney or Pinal-Gila Council for Senior Citizens at 1-800-293-9393, and ask for the Legal Services Department.

The documents are found at:

https://www.azag.gov/sites/default/files/sites/all/docs/life-care/LCP_Packet_fillable.pdf

The documents included are:

- **Durable Health Care Power of Attorney and Durable Mental Health Care Power of Attorney**
Provides for a designated person to make medical care decisions, including mental health care decisions, when you are unable to do so.
- **Letter to my Agent (Representative) About Powers of Attorney Forms and Responsibilities**
- **Pre-Hospital Medical Directive (Do Not Resuscitate Directive, also known as DNR)-**
Must be printed on ORANGE paper.
- **Living Will (End of Life Care)**
Allows you to specify your wishes. Helps eliminate confusion and questions about what you want related to certain treatments.



SECTION VI

MUST-HAVE DOCUMENTS FOR CAREGIVERS

MUST-HAVE DOCUMENTS FOR CAREGIVERS

***List of Doctors**

Will help caregivers be able to immediately access the health care team. This list should include the doctor's name, address, phone number, e-mail address and reasons the care recipient is seeing this doctor.

***List of Medications/Weekly Medication Chart**

By developing and keeping up a chart of all prescriptions, counter medications, herbal treatments, vitamin supplements as well as when each is taken, the assigned dosage and the reason the person being cared for is taking it, medication errors can be reduced and medications are more likely to be taken on schedule.

***Caregiver's Log**

Many times various relatives and loved ones provide caregiving in shifts. Included is a helpful form for when information needs to be shared.

***Personal Health History**

A chart is included that will help when taking your loved one to visit their doctor. The form can also help the doctor decide on medications and treatments needed.

Caregiver's Log

Many times various relatives and loved ones provide caregiving in shifts. This form may be useful for those times when information should be shared.

Caregiver Name: _____

I cared for _____

from _____ to _____

Food (list food eaten and times)	
Medications (list medication doses and times)	
Activities Enjoyed	
Sleep/Energy Level	
Pain or Discomfort	

List any other concern for new caregiver to follow-up with:

Weekly Medication Chart

It is important to keep track of your loved ones medication when caregiving or sharing caregiving with other persons.

This chart should help.

1. Complete a new chart weekly
2. Each row is for one medication. Transfer the name and dosage to be taken from each prescription container to the spaces on the first row.
3. In the second row write the size, shape, color of the pill
4. In the third row enter the time or how often each day the medication should be taken
5. When your loved one takes a medicine place an "X" in the column for the day of the week. If your loved one takes a medication more than once a day, mark an "X" each time.

Weekly Medication Chart

Name: _____

Week of: _____

Name & Dosage of Medicine	Size, shape, color of the pill	When to take medicine	Sun	Mon	Tue	Wed	Thur	Fri	Sat

Personal Health History

A chart such as this can help when taking your loved one to visit their doctor. This form will also help the doctor decide on medications and other treatments.

Hospitalizations

Hospital	Condition	Date (s)

Surgeries

Hospital	Surgery for	Date (s)

Illnesses

Illness	Treatment	Date (s)

Medications Taken

Medication	Dosage	Began taking date(s)

Allergies:

Health Care Providers:

Provider	City	Phone

Major Health Conditions of Immediate Family Members:

For other very helpful caregiver checklists and forms, go to these websites:

www.caregiverslibrary.org

www.caregiverresource.net

www.caregiver.com

www.caregiverresource.net

Examples of other checklists and forms available free online from the above websites for caregivers:

1. Social Services Checklist
2. Caregiving Decision Questionnaire
3. Driving Assessment Checklist
4. Needs Assessment Worksheet
5. Home Modification Checklist
6. Nursing Home Checklist
7. Medical Appointment Tracking Form
8. Caregivers Document Organizer
9. Personal Record Tracking Form
10. Payment Options Form to Compare Medicare and Supplemental Insurance Coverage
11. Health Insurance Coverage Decision Chart
12. Choosing the Right Doctor Checklist



SECTION VII

LOCAL GOVERNMENT CONTACT INFORMATION

LOCAL GOVERNMENT CONTACT INFORMATION

GILA COUNTY

Gila County Government
1400 E. Ash
Globe, AZ 85501
928-425-3231
Toll-free: 800-304-4452
www.co.gila.az.us

City of Globe
150 N. Pine St.
Globe, AZ 85501
(928) 425-7146
www.globeaz.gov

Town of Hayden
520 Velasco Ave.
Hayden, AZ 85235
(520) 356-7801

Town of Miami
500 Sullivan St.
Miami, AZ 85539
(928) 473-4403

Town of Payson
303 N. Beeline Hwy.
Payson, AZ 85541
(928) 474-5242
www.ci.payson.az.us

Town of Winkelman
206 Giffin Ave.
Winkelman, AZ 85192
(520) 356-7854

PINAL COUNTY

Pinal County Government
31 N. Pinal Street, Bldg. A
Florence, AZ 85132
520-509-3555
888-431-1311
www.pinalcountyz.gov

City of Apache Junction
300 E. Superstition Blvd.
Apache Junction, AZ 85119
(480) 982-8002
www.ajcity.net

City of Casa Grande
510 E. Florence Blvd.
Casa Grande, AZ 85122
(520) 421-8600
www.casagrandeaz.gov

City of Coolidge
150 W. Central Ave.
Coolidge, AZ 85128
(520) 723-5361
www.coolidgeaz.com

City of Eloy
628 N. Main St.
Eloy, AZ 85131
(520) 466-9201
www.ci.elay.az.us

Town of Florence
775 N. Main St.
Florence, AZ 85132
(520) 868-7500
www.town.florence.az.us

Town of Kearny
912-C Tilbury Road
Kearny, AZ 85137
(520) 363-5547
www.townofkearny.com

Town of Mammoth
125 N. Clark St.
Mammoth, AZ 85618
(520) 487-2331
www.townofmammoth.com

City of Maricopa
44624 W. Garvey Rd.
Maricopa, AZ 85139
(520) 568-9098
www.cityofmaricopa.net

Town of Queen Creek
22350 S. Ellsworth Rd.
Queen Creek, AZ 85142-9311
(480) 987-9887
www.queencreek.org

Town of Superior
734 W. Main St.
Superior, AZ 85173-3409
(520) 689-5752
www.superior-arizona.com



SECTION VIII

SENIOR CITIZEN AND CAREGIVER RESOURCES FOR PINAL AND GILA COUNTIES

SENIOR CITIZEN AND CAREGIVER RESOURCES FOR PINAL AND GIA COUNTIES

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Adaptive Aids

Adaptive aids are sometimes called “durable medical equipment”. These items are designed to help elderly and physically disabled persons with the tasks of daily living. These items are often expensive and rarely available for loan. Some medical insurance plans cover the purchase or rental of adaptive aids and equipment. Check with your local insurance provider for details.

STATEWIDE

Active Forever
10799 N. 90th Street
Scottsdale, AZ 85260
1-800-377-8033
480-459-3202

Az TAP
Arizona Technology Regional Resource Centers
2400 N. Central Ave, Suite 300
Phoenix, AZ 85004
602-728-9534
1-800-477-9921

Arizona Bridge to Independent Living (ABIL)
5025 E. Washington, Suite 200
Phoenix, AZ 85034
1-800-280-2245
azbridge@abil.org

Arizona Statewide Independent Living Council
5025 E. Washington, Suite 214
Phoenix, AZ 85004
602-262-2900
www.AZSILC.ORG

Arizona Telecommunication Equipment Distribution
100 N. 15th Avenue, Suite 104
Phoenix, AZ 85007
602-542-3323
1-800-352-8161
acdhh.org

Disability Products
5447 E. Elmwood St.
Mesa, AZ 85205
1-800-688-4576
info@disabilityproducts.com

Sun Sounds of Arizona
Provides free radio and special reading services
for those finding it hard to read print
2323 W. 14th Street
Tempe, AZ 85281
480-774-8300
www.sunsounds.org

GILA COUNTY

DES/Rehabilitation Services Administration
605 S. 7th Street
Globe, AZ 85501
928-425-3101

DES/Rehabilitation Services Administration
100 N. Tonto Street, Suite 100
Payson, AZ 85541
928-472-9339

PINAL COUNTY

DES/Rehabilitation Services Administration
323 N. Florence St.
Casa Grande, AZ 85122

DES/Rehabilitation Services Administration
11518 E. Apache Trail
Suites 110 and 111
Apache Junction, AZ 85120
480-983-0427

RTA Home Care
1275 E. Florence Blvd., Suite 4
Casa Grande, AZ 85122
520-836-9300

Adult Day Care

Adult Day Health Care provides care and supervised activities for seniors and persons with disabilities. Care is normally available for several hours each day up to five days a week. Some centers provide transportation.

Some assisted living facilities may also take seniors for a limited period of time during the day. Please refer to the "Long Term Care and Assisted Living" section in this Guide.

Arbor Rose
6033 East Arbor Avenue
Mesa, AZ 85206
480-654-8200

Oakwood Creative Care
Town Center Location
247 N. MacDonald
Mesa, AZ 85201
480-464-1061

Oakwood Creative Care
Red Mountain Location
7550 E. Adobe Road
Mesa, AZ 85207
480-641-7644

Advisory and Advocacy Groups

Advisory groups explore public issues and make recommendations to lawmakers and regulators that they think are in the best interest of the community. Many groups focus on the best interest of older adults and persons with disabilities.

Governor's Advisory Council on Aging
1700 West Washington Street, Suite 101
Phoenix, AZ 85007-3295
602-542-4710
www.azgovernor.gov/gaca

AARP Arizona
16165 N. 83rd Avenue, Suite 201
Peoria, AZ 85382
866-389-5649
www.aarp.org

Alzheimer's Association
Desert Southwest Chapter
1028 E. McDowell Rd.
Phoenix, AZ 85006
602-528-0545

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85194
520-836-2758 or
Toll free: 800-293-9393
www.pgcsc.org

ARIZONA LEGISLATIVE CONTACT INFORMATION

Arizona State Senate
1700 W. Washington
Phoenix, AZ 85007-2890
602-926-3559

www.azdes.gov

Arizona House of Representatives
1700 W. Washington
Phoenix, AZ 85007-2890
602-926-4221
Toll Free: 1-800-352-8404

Alcohol and Substance Abuse

Alcohol and substance abuse are problems that many seniors and physically disabled adults are challenged with. Sometimes older adults abuse substances to deal with change or loneliness. Sometimes older adults mix alcohol with their prescription medications causing even bigger problems which cannot be resolved without help from outside the family.

Narcotics Anonymous Substance Abuse (drugs and alcohol)

(520) 426-0121

Contact this number to determine times and locations of local Alcoholics Anonymous and Narcotics Anonymous meetings.

Cenpatico Behavioral Health of Arizona

To locate the office nearest you contact:

Customer service: 1-866-495-6738

GILA COUNTY

Horizon Human Services
415 W. Baseline Spur
Globe, AZ 85501
928-402-9297

www.horizonhumanservices.org

Horizon Human Services
P.O. Box 955
Miami, AZ 85539
928-473-2408

www.horizonahumanservices.org

Horizon Human Services
P.O. Box 2587
Payson, AZ 85547
928-472-8296
www.horizonhumanservices.org

Southwest Behavioral Health
404 W. Aero Drive
Payson, AZ 85541
928-474-3303
www.sbhservices.org

San Carlos Service Unit – PHS Indian Health Services
210 Cibecue Circle
San Carlos, AZ 85550
928-475-2371
www.ih.gov

San Carlos Apache Tribe Wellness Center
P O Box 0
5 San Carlos Blvd.
San Carlos, AZ 85550
928-475-4875

PINAL COUNTY

Adelante Juntos Coalition
Substance Abuse Prevention
321 S. Avenue B
San Manuel, AZ 85631
520-385-3028

Arizona Treatment Institute
1927 N. Trekell Rd., Suite D
Casa Grande, AZ 85122
520-836-9788
www.arizonatreatmentinstitute.com

Horizon Human Services
210 Cottonwood
Casa Grande, AZ 85122
520- 836-1688
www.horizonhumanservices.org

Pinal Hispanic Council
107 E. 4th Street.
Eloy, AZ 85131
520-466-7765

Helping Associates, Inc.
1901 N. Trekell Rd., Suite A
Casa Grande, AZ 81222
1-800-683-5753 or 520-836-1029
www.helpingassociates.com

Mountain Health and Wellness Centers
Idaho Road Outpatient Clinic
625 N. Plaza Drive
Apache Junction, AZ 85120
480-983-0065
www.smmhc.org

San Pedro Valley Behavioral Health Agency
23 McNab
San Manuel, AZ 85631
480-983-0065 or 520-896-9240

San Pedro Valley Behavioral Health Agency
980 E. Mt. Lemon Road
Oracle, AZ 85623
480-983-0065 or 520-896-9240

Sonora-Ray Counseling Agency
100 Tillbury Road
Kearny, AZ 85137
480-983-0065 or 520-363-9578

Superior Counseling
400 W. Main
Superior, AZ 85173
520-689-2457

ALZHEIMERS AND MEMORY DISORDERS

A memory disorders clinic can assist people who seem to be having problems with their memory or their ability to think. Clinics provide assessment, diagnosis, and a treatment plan. Appropriate care options may be explored in addition to providing caregiver support resources.

Banner Alzheimer's Institute
901 E. Willetta Street
Phoenix, AZ 85006
602-839-6900

Barrow Neurological Institute
350 W. Thomas Road
Phoenix, AZ 85013
602-406-3000

Mayo Clinic Arizona
800-446-2279

For psychiatric emergencies, call

Cenpatico Behavioral Health of Arizona
Crisis line: 1-866-495-6735
(24 hrs.day/7 days per week)

Haven Senior Horizons
1201 S. 7th Avenue, #200
Phoenix, AZ 85007
623-236-2000

St. Luke's Medical Center Generations Program/Phoenix
602-251-8535

ARIZONA LONG TERM CARE SYSTEM (ALTCS)

ALTCS is Arizona's state Medicaid program; it is part of the Arizona Health Care Cost Containment System (AHCCCS). ALTCS participants do not need to live in a nursing home; they may live at home and receive needed in-home services for their care. Case Managers work with participants and their families to arrange a comprehensive array of health care. To qualify for AHCCCS, income and resources must be limited and within guidelines set each year.

STATEWIDE

1-800-962-6690

www.ahcccs.state.az.us

GILA COUNTY

ALTCS Office
Cobre Valley Plaza
2250 Highway 60, Suite H
Miami, AZ 85539-9700
928-425-3165
1-888-425-3165

PINAL COUNTY

ALTCS Office
500 N. Florence Street
Casa Grande, AZ 85122
520-421-1500

BENEFITS COUNSELING AND CASEWORK

Many older adults and their caregivers are overwhelmed when trying to complete paperwork for insurance claims and other benefit programs. With the number of prescription assistance programs available, how do you choose the one best suited to your needs?

There are trained benefits counselors who know how to work through the problems encountered most often when applying for benefits that can help you. They also can act as advocates on behalf of individuals who apply for and obtain the benefits to which they are entitled.

Benefits counseling and casework can be obtained by contacting the organizations listed below.

Pinal-Gila Council for Senior Citizens, Region V

www.pgcsc.org

8969 W. McCartney Rd.
Casa Grande, AZ 85194
1-800-293-9393
(520)836-2758

BLIND AND VISUALLY IMPAIRED SERVICES

Seniors and adults with disabilities who are blind or who have visual problems may seek assistance from the agencies listed on the following page.

Arizona Directory of Services for Persons who are Blind and Visually Impaired

www.azdes.gov.rsa to download this comprehensive directory of services in Arizona for blind and visually impaired
1-800-563-1221 (Voice/TDD) for an alternate format

STATEWIDE

Braille and Talking Book Library
1030 N. 32nd Street
Phoenix, AZ 85008
602-255-557
www.azlibrary.gov

STATEWIDE

DES Rehab Services Administration
Central Arizona
4620 N. 16th Street, Suite A204
Phoenix, AZ 85016
602-266-9286, ext. 7303
602-266-6752

GILA COUNTY

DES/Rehab Services Administration
605 S. 7th Street
Globe, AZ 85501
928-425-3101

DES/Rehab Services Administration
100 N. Tonto Street, Suite 100
Payson, AZ 85541
928-474-0784

PINAL COUNTY

DES/Rehab Services Administration
555 W. Main Street
Casa Grande, AZ 85122
520-858-8800

DES/Rehab Services Administration
111518 E. Apache Trail
Suite 110 & 111
Apache Junction, AZ 85120
480- 983-0427

DES/Rehab Services Administration
1155 N. Arizona Blvd.
Coolidge, AZ 85128
520- 723-5351

COMPANION ANIMALS AND PET CARE

Pets can be very special friends and companions for older adults. The organizations below may be able to make companion animals available.

STATEWIDE

Arizona Humane Society
Nina Mason Pulliam Campus for Compassion
www.azhumane.org
1521 W. Dobbins Road
Phoenix, AZ 85041
602-997-7586

Humane Society of Southern Arizona
3450 N. Kelvin Blvd.
Tucson, AZ 85716
520- 327-6088
www.HSSAZ.ORG

GILA COUNTY

Gila Humane Society
P.O. Box 383
Claypool, AZ 85532
520-473-3447

Payson Humane Society
605 W. Wilson Court
Payson, AZ 85541
928-474-5590

PINAL COUNTY

Pinal County Animal Care and Control
1150 S. Eleven Mile Corner Rd.
Casa Grande, AZ 85194
520-509-3555

COMPUTER ACCESS

Although many resources in this Guide list internet websites, many people do not own a computer. Below are a couple of places that maintain computers for the public to use without charge.

Pinal-Gila Council for Senior Citizens, Region V

8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or
Toll free: 800-293-9393

Many local libraries also maintain computer labs for the public. Phone numbers for libraries are listed in the "Recreation and Socialization" section of this Guide.

COUNSELING AND BEHAVIORAL HEALTH

Many life situations cause older adults to find themselves in new circumstances that may cause isolation, loneliness, and changes in health and housing. Individuals sometimes find it helpful to seek professional counseling.

Counselors can often provide some new insights into problems and can help find options to deal with new circumstances, such as the death of a spouse.

Some of the counseling resources available are listed below. More may be listed in your local telephone directory. Many times, insurance coverage is available for counseling through Medicare or the state's Medicaid program.

GILA COUNTY

Cenpatico Behavioral Health of Arizona
To locate the office nearest you contact:
Customer service: 1-866-495-6738
Crisis line: 1-866-495-6735
(24 hrs. a day/7 days per week)

Horizon Human Services
415 Baseline Spur
Globe, AZ 85501
928-402-9297
www.horizonhumanservices.org

Southwest Behavioral Health
404 W. Aero Drive
Payson, AZ 85541
928-474-3303
www.sbhservices.org

San Carlos Service Unit – PHS Indian Health Services
P.O. Box 208
223 Seneca Lane
San Carlos, AZ 85550
928-475-2371
www.ihs.gov

PINAL COUNTY

Cenpatico Behavioral Health of Arizona
To locate the office nearest you contact:
Customer service: 1-866-495-6738
Crisis line: 1-866-495-6735
(24 hrs.day/7 days per week)

Arizona Treatment Institute
1927 N. Trekell Rd., Suite D
Casa Grande, AZ 85122
520-836-9788
www.arizonatreatmentinstitute.com

Corazon Integrated Healthcare Services
900 E. Florence Blvd., Suite G
Casa Grande, AZ 85122
520- 836-4278

Helping Associates, Inc.
1901 N. Trezell Rd., Suite A
Casa Grande, AZ 85122
520- 836-1029
www.helpingassociates.com

Horizon Human Services
210 East Cottonwood Lane
Casa Grande, AZ 85122
520-836-1688
www.horizonahumanservices.org

Areas served: Arizona City, Casa Grande, Coolidge, 11 Mile Corner, Eloy, Gila River Indian Community, La Palma, Maricopa, Picacho, Randolph, Red Rock, Stanfield, Toltec, Valley Farms

Mountain Health and Wellness - locations
www.smmhc.org

625 N. Idaho Rd. 480-983-0065
Apache Junction, AZ 85119

980 Mt. Lemon Rd. 520- 896-9240
Oracle, AZ 85623

23 McNab Parkway 520-896-9240
San Manuel, AZ 85631

400 E. Main 520- 689-2457
Superior, AZ 85173

100 Tilbury 520- 363-9578
Kearny, AZ 85137

Narcotics Anonymous
Substance Abuse (drugs and alcohol)
520-426-0121 Call for times and locations of local Alcoholics Anonymous and Narcotics Anonymous meetings.

Pinal Hispanic Council
107 E. 4th Street
Eloy, AZ 85131
520-466-7765

Sun Life Family Health Center
865 W. Arizola Road
Casa Grande, AZ 85122
520-836-3446

DEAF AND HEARING IMPAIRED SERVICES

Special services to help persons with hearing loss and deafness are available. Some programs are free of charge and some may be covered by insurance benefits.

Arizona Commission for the Deaf and Hard of Hearing
www.acdhh.org

This site maintains a statewide information and referral directory to provide information and referral services for services throughout Arizona for persons who are deaf and hard of hearing as well as their caregivers.

Additionally, the Commission maintains directories of physicians who sign, licensed interpreters and free telecommunications devices for residents who need help communicating on the phone. They also can help with Relay 7-1-1 to provide telephone accessibility for free to residents.

602-542-3323

1-800-352-8161

TTY 866-223-3412

DENTAL ASSISTANCE

Many times dental services are too expensive for older adults even if they have dental insurance. Various reduced fee or sliding scale payment dental assistance programs exist to provide reduced fee dental services

To find out about any reduced fee dental services available in Gila or Pinal County contact:

Arizona School of Dentistry and Oral Health Dental Clinic
5855 East Still Circle
Mesa, AZ 85206
480-248-8100
Requires initial screening fee of \$69.00

Rio-Salado College, School of Dental Hygiene
2250 W. 14th Street
Tempe, AZ 85281
480-377-4100

Sun Life Family Health Center
865 W. Arizola Road
Casa Grande, AZ 85122
520-836-3446

DISASTER ASSISTANCE

The Arizona Division of Emergency Management (ADEM) coordinates disaster response efforts. Information is posted on www.azEIN.gov, where it is available to all.

Gila County Emergency Management
5515 S. Apache Ave, Ste. 400
Globe, AZ 85001
928-402-8763

Pinal County Emergency Management
31 N. Pinal Street, Bldg F
Florence, AZ 85132
520- 866-6942

Best resource: www.azEIN.gov

DOMESTIC VIOLENCE

There are a variety of programs and services to help individuals in domestic violence situations. There is also a hotline for locating emergency shelter; the hotline operates 24 hours per day/7 days per week.

Emergency shelter Hotline - Statewide
800-799-7739

For other services contact:

GILA COUNTY

Time Out, Inc.
Payson, AZ
928-472-8007
www.TOSHELT@NPGCABLE.com

Horizon Human Services
Domestic Violence Safe Home
928-402-0648
(in the Miami/Globe area)

PINAL COUNTY

Against Abuse, Inc.
Casa Grande. AZ
520-836-0858
www.against-abuse.org

Community Alliance Against Family Abuse
Apache Junction, AZ
480-982-0196
Horizon Human Services
Casa Grande, AZ
520-836-1688

Pinal County DV Coalition (administrative offices)
Casa Grande, AZ
520-836-1239
Advocacy only – available Monday thru Friday 8 a.m. – 5 p.m.

ELDER ABUSE

Elder abuse, neglect and exploitation are problems among older adults. If you are concerned that you or someone you know is a victim of abuse, or is being taken advantage of, call one of the authorities listed below.

ADULT PROTECTIVE SERVICES

Statewide: 1-877-767-2385 (24 Hour Adult Abuse Hotline)

SUSPECTED FRAUD OR MEDICARE FRAUD

STATEWIDE:

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Rd.
Casa Grande, AZ 85194
520-836-2758 or
Toll free: 800-293-9393

In the event of an emergency related to elder abuse, call 911 or your local law enforcement agency listed below.

GILA COUNTY

Gila County Sheriff's Office
1100 South Street
Globe, AZ 85501
928-425-4449

Globe Police Department
175 N. Pine Street
Globe, AZ 85501
928- 425-5752

Hayden Police Department
601 Hayden Ave.
Hayden, AZ 85135
520- 356-6205

Miami Police Department
804 Sullivan Street
Miami, AZ 85539
928-473-2466

Payson Police Department
303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5177

San Carlos Apache Police Department
200 W. Pinal
San Carlos, AZ 85550
928-475-2224 or 928-475-2311

GILA COUNTY ATTORNEY'S OFFICE

1400 East Ash
Globe, AZ 85501
928-425-3231, ext. 8630

PINAL COUNTY

Pinal County Sheriff's Office
971 Jason Lopez Circle, Building C
Florence, AZ 85132
520-866-6800
Toll free: 800-420-8689

Ak-Chin Police Department
47314 W. Farrell Rd.
Maricopa, AZ 85139
520-568-1200

Apache Junction Police Department
1001 N. Idaho Rd.
Apache Junction, AZ 85119
480-982-8260

Casa Grande Police Department
373 E. Val Vista Blvd.
Casa Grande, AZ 85122
520-421-8700

Coolidge Police Department
911 S. Arizona Blvd.
Coolidge, AZ 85128
520-723-5311

Eloy Police Department
630 N. Main St.
Eloy, AZ 85131
520-466-7324

Florence Police Department
425 Pinal Street
Florence, AZ 85132
520-868-7681

Gila River Police Department
P.O. Box 568
Sacaton, AZ 85147
520-562-7115

Kearny Police Department
375 Alden Road
Kearny, AZ 85137
520-363-5566

Mammoth Police Department
P.O. Box 130
125 Clark Street
Mammoth, AZ 85618
520-487-2347 or 520-487-2348

Superior Police Department
734 W. Main Street
Superior, AZ 85273
520-689-5254

PINAL COUNTY ATTORNEY'S OFFICE

30 N. Florence Street, Bldg. D
Florence, AZ 85132
520-866-6271

EMERGENCY MEDICAL CARE

Most hospitals have emergency facilities. Here are some hospitals and community health clinics available in Pinal and Gila Counties.

GILA COUNTY

Cobre Valley Community Hospital
5880 S. Hospital Dr.
Globe, AZ 85501
928-425-3261

Payson Regional Medical Center
807 S. Ponderosa
Payson, AZ 85541
928-474-3222

PHS Indian Hospital – San Carlos
P.O. Box 208
238 Cibecue Circle
San Carlos, AZ 85550
928-475-2371

Pleasant Valley Community Medical Center (Urgent Care)
288 Tewksbury
Young AZ 85554
928-462-3435

PINAL COUNTY

Banner Ironwood
37000 N. Gantzel Road
San Tan Valley, AZ 85140
480-394-4000

Casa Grande Regional Medical Center
1800 E. Florence Boulevard
Casa Grande, AZ 85122
520-381-6300 – Main Number
520-381-6368 – Emergency Room

Casa Grande Regional Medical Center Urgent Care
1676 E. McMurray Blvd.
Casa Grande, AZ 85122
520-316-0688

Florence Hospital at Anthem
4545 N. Hunt Highway
Florence, AZ 85132
520-868-3333

Ho Ho Kam Memorial Hospital
Huhukam/Gila River Health Care System
P.O. Box 38
483 W. Seed Farm Road
Sacaton, AZ 85147
520-562-3321

Maricopa Urgent Care
21300 N. John Wayne Parkway, Ste. 112
Maricopa, AZ 85139
520-381-3811

URGENT CARE

FastMed Urgent Care
495 N. Pinal Parkway
Florence, AZ 85132
520-868-0573

Next Care Urgent Care
1683 East Florence Blvd., Suite 7
Casa Grande, AZ 85122
520-876-0800
Toll free: 888-381-48958

EMPLOYMENT AND JOB TRAINING

Many studies have shown the value of older workers in terms of productivity, work ethic and dependability. Many older adults retire and then decide they'd like to go back to work. There are resources available to assist with job training and employment leads.

Jobs listed are for Arizona Mature Workers to help connect Mature Worker Friendly Employers with Mature Job Applicants.

One option is self employment. S.E.E.D., information below, is an alternative financing program designed to assist individuals with disabilities in borrowing money at affordable rates for the purchase of office equipment, furniture supplies or assistive technology, if they are seeking employment through self-employment or telework.

Self Employment for Entrepreneurs with Disabilities (S.E.E.D.)
2400 N. Central Avenue, Suite 300
Phoenix, AZ 85005
602-776-4670 or
Toll free: 800-477-9921

Great places to start your work search for full time, part-time or temporary work are listed below:

www.AzMatureWorkers.com (in partnership with jobing.com)
(lists employment opportunities, mature worker and employer resources, community events and job fairs)

www.ArizonaWorkForceConnection.com (assists with re-careering, skills training and connecting mature workers and employers)

www.BoomersInDemand.jobing.com or call 602-286-8147
(serves the workforce needs of both boomers and employers by enabling them to connect to beneficial work experience)

Senior Community Service Employment Program (SCSEP)

PROGRAM DESCRIPTION:

The **Senior Community Service Employment Program (SCSEP)** provides subsidized, part-time community service assignments to eligible, low-income, unemployed persons aged 55 and over. Training compensation – Arizona minimum wage rate.

ELIGIBILITY INFORMATION:

- Arizona resident
- 55 years or older (Priority given to those 65 and over)
- Unemployed
- Meet current income guidelines

WHERE TO APPLY:

For more information contact:
Area Agency on Aging, Region V
Pinal-Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85294
1-800-293-9393 or (520) 836-2758
www.pgcsc.org

Below is a list of Job Service/Vocational Rehab Offices:**GILA COUNTY**

Globe DES Job Services Office
605 S. 7th St.
Globe, AZ 85501
928-425-3101

Payson DES Job Service Office
100 N. Tonto Street, Suite 100
Payson, AZ 85541
928-472-9339

PINAL COUNTY

Casa Grande DES Job Service Office
401 N. Marshall
Casa Grande, AZ 85122
520-858-8800

Coolidge DES Job Service Office
1155 N. Arizona Blvd.
Casa Grande, AZ 85128
520-723-5351

DES Vocational Rehabilitation
11518 E. Apache Trail, Suite 110 &111
Apache Junction, AZ 85220
480-983-0427

DES/ Unemployment Office
1015 E. Florence Blvd.
Casa Grande, AZ 85122
520-374-3020

FIDUCIARY SERVICES

The office of the Public Fiduciary was created by the Arizona State Legislature to help individuals who have no one else willing or able to handle their medical care and placement or their finances. Normally, Public Fiduciaries handle the affairs of persons who are low-income, vulnerable and incapacitated.

GILA COUNTY

Gila County Public Fiduciary
5515 S. Apache Avenue
Globe, AZ 85501
928-425-3149

PINAL COUNTY

Pinal County Public Fiduciary
P O Box 808
971 N. Jason Lopez Circle
Florence, AZ 85132
520-866-7252

FINANCIAL ASSISTANCE

Financial needs and earning ability change with age. Various programs and agencies are available to help. (See the UTILITY ASSISTANCE section for help with utility bills)

DES/FAA has offices throughout Gila and Pinal counties. These offices help with applications for Food Stamps, AHCCCS, Cash Benefits (TANF), JOBS Program and referrals to other programs. Community Action Programs (CAPS) may be able to help with short term emergency assistance for rent, utilities or mortgage payments when funds are available

GILA COUNTY DES FAA Offices

605 S 7th St
Globe, AZ 85501
928-425-3101 or
Call 800-352-8401 for automated updates or case status

100 N. Tonto Street, Suite B
Payson, AZ 85541-5421
928-468-9800

GILA COUNTY Community Action Program Offices

Gila County Community Services
5515 S. Apache Ave.
Globe, AZ 85501
928-425-7631

Gila County Community Action Program
107 W. Frontier, Suite C
Payson, AZ 85541
928-474-7192

PINAL COUNTY DES FAA Offices

555 W. Main Avenue
Casa Grande, AZ 85122
520-858-8800
Call 602-542-9935 for automated updates or case status

1155 N Arizona Blvd
Coolidge, AZ 85128
520-723-5351

331 Alden Rd
P.O. Box 1119
Kearny, AZ 85137
520-363-5560

228 Main St
Mammoth, AZ 85618
520-487-2311

PINAL COUNTY Community Action Program Office

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd
Eloy, AZ 85131
520-466-1112
Toll free: 877-472-2472

FOOD ASSISTANCE

Listed below is contact information to apply for the Food Stamp Program and the Food Plus Program. The area Food Banks are also listed. (For information on Meals on Wheels see the HOME DELIVERED MEAL SECTION)

FOOD STAMP PROGRAM

Food Stamps are funds that can be spent to buy nutritious food. Generally, Food Stamps are only **part** of the food budget; shoppers spend some cash along with food stamps.

WHERE TO APPLY:

DES/FAA Offices Statewide
1-800-352-8401

Gila County

605 S. 7th St
Globe, AZ 85501
928-425-3101

Gila County

100 N. Tonto Street, Suite B
Payson, AZ 85541-5421
928-468-9800

PINAL COUNTY

555 W. Main Avenue
Casa Grande, AZ 85122
520-858-8800

1155 N Arizona Blvd
Coolidge, AZ 85128
520-723-5351

331 Alden Road
P.O. Box 1119
Kearny, AZ 85137
520-363-5560

228 Main Street
Mammoth, AZ 85618
520-487-2311

You can also download a Food Stamp application at:
www.arizonaselfhelp.org or www.asdes.gov/faa

FOOD PLUS (Commodity Supplemental Food Program)**PROGRAM DESCRIPTION:**

This program provides a monthly supplemental food package which includes canned meats, cereal, fruits, vegetables, juices, cheese, rice and dried beans.

WHERE TO APPLY:

Call the Arizona Department of Health Services toll free hotline at **1-800-252-5942**

FOOD BUYING COOPERATIVES

PROGRAM DESCRIPTION:

Cooperatives offer food packages which you can purchase using **cash** or, in many cases, **food stamps**. You receive a food package containing food worth **double** what you paid for it. A package generally costs between \$13 and \$35 and may include a combination of frozen meat, fruits, vegetables, specialty items and staple foods.

Food buying cooperatives are not charity or government programs, and they will not affect any benefits from other programs. They are operated primarily by non-profit organizations and are able to offer such a good deal because of the volume of purchases they make and because they also take advantage of close-outs, over-production and package changes. The operating organizations do not make a profit on these food cooperative programs.

Bountiful Baskets

www.bountifulbaskets.org

FOOD BANKS and EMERGENCY FOOD

Gila County

Gila Community Food Bank

317 Hackney Ave

Globe, AZ 85501

928-425-3639

Miami Food Bank

501- 1/2 Live Oak St

Miami, AZ 85539

928-793-3850

St. Vincent's of Holy Angels
143 S. Broad St.
Globe, AZ 85501-2601
928-425-3137

St. Vincent DePaul Food Bank
511 S St. Phillips St
Payson, AZ 85541
928-474-9104

Pinal County

Apache Junction Reach Out Food Bank
575 N. Idaho Rd., Suite 701
Apache Junction, AZ 85219
480-983-2995
(ID & proof of residence required)

Border Food Pantry
1112 Tillbury Dr.
Kearny, AZ 85237
520-363-7273

Emergency Aid Ministry
300 E. 16th Ave.
Apache Junction, AZ 85119
480-982-2929
(ID & proof of residence required)

Coolidge Senior Center
250 S. 3rd Street
Coolidge, AZ 85128
520-723-4803

Epic Food Mission (1st & 3rd Saturdays from 9-11 a.m.)
29697 N. Desert Willow Blvd. (Walker Butte School)
San Tan Valley, AZ 85143
480-882-9530
(ID & proof of residence required)

Florence Baptist Food Bank
Mondays, Wednesdays & Fridays
30 N. Willow
Florence, AZ 85132
520-868-1728

New Beginnings
Church of the Nazarene (M.A.S.H.)
2nd Saturday
595 W. Cottonwood Lane
Casa Grande, AZ 85122
520- 836-7510

Church of Nazarene (M.A.S.H.)
1st Friday at Stanfield Baptist Church
Stanfield Road
Stanfield, AZ
520-876-9403

Oracle Food Distribution
Call for times (usually 1st Friday)
1870 W. American Avenue
Oracle, AZ 85623
1-800-208-6897
(ID & proof of residence required)

Salvation Army
605 E. Broadway Ave.
Apache Junction, AZ 85119
480-982-4110
(ID & proof of residence required)

Society of St. Vincent de Paul
405 E. 2nd St.
Casa Grande, AZ 85122
520-836-2009

Santa Cruz Valley Food Bank (CAHRA)
109 W. Sunshine Blvd
Eloy, AZ 85131
520-466-1112
(Proof of residence required)

Tri-Community Food Bank
108 W. Redwood Drive
Mammoth, AZ 85618
520-487-2010
(Proof of residence required)

HEALTH CARE

A variety of programs are available to help with health care needs of seniors and disabled adults. Some of those programs are listed below. (See Section on EMERGENCY MEDICAL CARE for a list of hospitals and Community Health Clinics in Gila and Pinal counties)

GILA COUNTY

Gila County Public Health Department
5515 South Apache Avenue
Globe, AZ 85501
928-402-8811

Gila County Public Health Department
107 W. Frontier, Suite A
Payson, AZ 85541
928-474-1210

PINAL COUNTY

Pinal County Division of Public Health Administration
791 Jason Lopez Circle
Florence, AZ 85132
520-866-7301

www.PinalCountyAZ.gov/PublicHealth

Pinal County Public Health Clinics
Call for general information and appointments
Toll free: 1-866-960-0633 M-F, 8-5

Apache Junction Clinic
575 N. Idaho Street, Suite 301
Apache Junction, AZ 85119
Nursing – Wed-Sat, 8 am – 6 pm

Casa Grande Clinic
820 E. Cottonwood Lane, Bldg E
Casa Grande, AZ 85122
Nursing – Mon-Sat, 8 am – 6 pm

Coolidge Clinic
119 W. Central
Coolidge, AZ 85128
Nursing – Thurs-Fri, 8 am – 6 pm

Eloy Clinic
302 E. 5th Street
Eloy, AZ 85131
Nursing – Tues-Wed, 8 am – 6 pm

Kearny Clinic
355 Alden Road
Kearny, AZ 85137
Nursing – 3rd Wed of the month, 8 am – 6 pm

Mammoth Clinic
110 Main Street
Mammoth, AZ 85618
Nursing – Thurs-Sat, 8 am – 6 pm

Maricopa Clinic
41600 W. Smith-Emke Road, Bldg 15
Maricopa, AZ 85138
Nursing – Tues-Fri, 8 am – 6 pm

Oracle Clinic
1870 W. American Avenue
Oracle, AZ 85623
Nursing – 4th Wed of the month, 8 am – 6 pm

San Manuel Clinic is held at Sun Life Clinic
23 S. McNab Parkway
San Manuel, AZ 85631
(No regularly scheduled hours for nursing)

San Tan Valley Clinic
36235 N. Gantzel Road
San Tan Valley, AZ 85142
Nursing – Mon-Thurs, 8 am – 6 pm

Superior Clinic
60 E. Main Street
Superior, AZ 85173
Nursing – 2nd Wed of month, 8 am – 6 pm

Sun Life Family Health Center – Coolidge
1284 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-9131

Sun Life Family Health Center – Casa Grande
865 N. Arizola Rd.
Casa Grande, AZ 85122
520-836-3446

Sun Life Family Health Center – Eloy
205 N. Stuart Blvd.
Eloy, AZ 85131
520-466-7883

Sun Life Family Health Center – San Manuel
23 McNab Parkway
San Manuel, AZ 85631
520-385-2113

Sun Life Family Health Center – Maricopa
44765 Hathaway Street
Maricopa, AZ 85139
520-568-2245

HOME CARE SERVICES

Home Care services may include general services provided in the home such as Personal, Housekeeping, and Attendant Care. Some Home Health Care Agencies may also provide services such as; visiting nurses, home health aide services and other in-home medically needed services.

The following are some homecare agencies. Please consult your local telephone book if you need more options.

AccentCare

2028 N. Trekell Road, Suite 104
Casa Grande, AZ 85122
520-316-0290

AIRES, Inc.

2140 W. Greenway Road, Ste. 140
Phoenix, AZ 85023
602-995-3191

Arizona Bridge to Independent Living

8969 W. McCartney Road
Casa Grande, AZ 85194
520-424-2834

At Home Solutions

1415 N. Trekell Avenue, Suite 201
Casa Grande, AZ 85122
520-876-5470

1455 S. Stapley Drive
Mesa, AZ 85204
480-545-1170

22209 S. Ellsworth
Queen Creek, AZ 85142
480-289-4900

Catholic Community Services of Southern Arizona

Gila Aging Services (serving Globe, Miami and Payson)
579 S. Broad Street
Globe, AZ 85501
928-473-2100

Comfort Keepers

432221 W. Elizabeth Avenue
Maricopa, AZ 85138
520-233-2848

335 S. Alma School Road, Suite A
Chandler, AZ 85224
480-659-9201

Concentric Home Solutions

4250 N. Drinkwater, Suite 100
Scottsdale, AZ 85251
480-444-7788

Heritage Home Health Care

7310 N. 16th Street, Suite 210
Phoenix, AZ 85016
602-745-2900

Home Health Insights

121 W. Florence Blvd., Suite A
Casa Grande, AZ 85122
520-421-2239

Lutheran Social Ministries of the Southwest

(serves parts of Pinal and Gila counties)
5049 E. Broadway, Ste. 102
Tucson, AZ 85711
520-748-2300

Marc Community Resources

924 N. Country Club Drive
Mesa, AZ 85201
480-969-3800

Nursing Solutions

15255 N. 40th Street
Phoenix, AZ 85032
602-331-1100

Prileo Home Care

201 E. Cottonwood Lane, Suite 4
Casa Grande, AZ 85122
520-421-3088

Prileo Home Care

1855 E. Southern Avenue, Suite 207
Mesa, AZ 85204
480-633-3139

Res Care

1930 S. Alma School Road, Suite 1-118
Mesa, AZ 85210
520-836-1206

Soreo In-Home Support Services

1632 N. Country Club
Tucson, AZ 85716
520-321-4477

615 W. Cottonwood Lane, Suite 7
Casa Grande, AZ 85122
520-252-6117 or 520-252-5176

Synergy Home Care

1660 S. Alma School Road, Suite 201
Mesa, AZ 85210
480-377-6770

Tempe ADHC/Foundation for Senior Living

2234 Maryland Dr.
Tempe, AZ 85218
602-532-2982

1201 E. Thomas Road
Phoenix, AZ
602-285-1800

HOSPICE SERVICES

Terminally ill persons as well as their families often turn to the compassionate services of hospice. Hospice services focus on maintaining the best quality of life and personal comfort for individuals and their families. Services are available in individual homes, assisted living complexes, group homes, in special hospital units and in many nursing care facilities. Medicare, Medicaid (AHCCCS), and/or private insurance cover hospice care.

Arizona Hospice and Palliative Care Organization
www.Arizonahospice.org or
www.AHPCO.org
480-491-0540

Banner Hospice Care (parts of Pinal County)
480-657-1100
602-279-0677
Toll Free: 800-293-6989

Casa de la Luz Hospice
7740 N. Oracle Road
Tucson, AZ 85704
520-544-9890

Copper Communities Hospice (parts of Pinal and Gila Counties)
136 S. Broad Street
Globe, AZ 85501
928-425-5400

The Crossings Hospice
2123 Sunset Pointe Drive, Suite B3
Miami, AZ 85539
928-425-8330

Hospice Compassus
1675 E. Monument Plaza Circle
Casa Grande, AZ 85122
520-421-7143 **OR**

511 S. Mud Springs Road
Payson, AZ 85541
928-472-6340

Hospice Family Care (Pinal County)
1550 S. Alma School Road
Mesa, AZ 85210
480-461-3144
520-421-2455
Toll Free: 800-839-3288

Hospice Family Care
6300 E. El Dorado, Suite A-100
Tucson, AZ 85705
520-790-9299

Hospice of the Valley
1510 E. Flower
Phoenix, AZ 85014
602-530-6900

Odyssey Hospice
5210 E. Williams Circle, Suite 300
Tucson, AZ 85711
520-577-0270
Toll free: 800-569-6605
www.odshealth.com

HOUSING SERVICES

Contact the agencies below to learn about minor home repairs, repairs to heaters and air conditioners, major housing rehabilitation, home weatherization, reverse mortgages and Section VIII and other subsidized housing.

There are Section 8 Housing Voucher Programs, Section 8 Housing complexes and other low-cost housing options for low-income qualifying older adults.

Several apartment complexes subsidize rent for a specified number of units for income-qualified individuals or families.

Gila County

C.A.P. Housing Services
928-474-7192

Gila County Community Services & Housing Authority Division
Housing Dept
5515 S. Apache Avenue, Suite 200
Globe, AZ 85501
928-425-7631
Globe-Miami Habitat for Humanity (new homes only)
P.O. Box 328
Claypool, AZ 85532-0328
no phone – contact in writing

Payson Area Habitat for Humanity, Inc. (new homes only)
P.O. Box 1131
106 Highway 260
Payson, AZ 85547
928-474-0330

Town of Payson
303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5242, ext 356

Pinal County

City of Apache Junction
1001 N. Idaho Road
Apache Junction, AZ 85119
480-671-5127

City of Casa Grande
510 E. Florence Blvd.
Casa Grande, AZ 85122
520-421-8670

www.casagrandeaz.gov

(Limited to rehab and repair of owner-occupied homes)

City of Coolidge
130 W. Central Avenue
Coolidge, AZ 85128
520-723-6028 or 520-723-5361

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd.
Eloy, AZ 85131
520-466-1112

Eloy Housing Authority
100 W Phoenix Ave
Eloy, AZ 85131
520-466-7162

Pinal County Housing Authority
970 N Eleven Mile Corner Road
Casa Grande, AZ 85122
520-866-7201

INDIGENT BURIAL

The indigent burial program and application process varies by county. No public assistance program can pre-qualify a decedent or family for this service. Eligibility is generally based on income and assets of both the decedent and the next of kin. Qualified veterans may be buried at the Veteran's Administration National Memorial Cemetery in Arizona.

To initiate a referral for the indigent burial program contact the County Public Fiduciary's Office nearest you for further information.

State of Arizona County Public Fiduciary Offices

Gila County

5515 S. Apache Avenue
Globe, AZ 85501
928-425-3149

Pinal County

971 Jason Lopez Circle, Bldg. D
Florence, AZ 85132
520-866-7252

Another option is whole-body donation.

INFORMATION AND REFERRAL

There are many agencies and programs not listed in this guide that may be able to help you. If you have not found the services you need in this guide you may contact the more comprehensive community information and referral resources listed below.

PINAL and GILA COUNTIES

Pinal Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85194-7432
520-836-2758 or
Toll free: 1-800-293-9393

www.pgscsc.org

GILA COUNTY

www.inpayson.com (on-line directory)

PINAL COUNTY

www.pinalresources.org (on-line directory)

Pinal County Senior Resource Center
94 W. Butte
Florence, AZ 85232
520-866-6271 (Call to schedule use of the building)
520-866-6274

STATEWIDE AND SOUTHERN ARIZONA

Statewide Community Information and Referral
24 hrs per day/7 days per week
1-800-352-3792
www.az211.org

Arizona Statewide Information

www.az211.org (on line statewide directory of services)

www.ArizonaSelfHelp.org (on line program eligibility screening)

www.azlinks.gov

LEGAL SERVICES

Even if resources make a private attorney unaffordable for older adults there are many legal assistance programs to turn to for help with legal questions, wills, estate planning and government benefits. Some of those programs are listed below.

Pinal-Gila Council for Senior Citizens (PGCSC)

8969 W. McCartney Road
Casa Grande, AZ 85194-7432
520-836-2758
1-800-293-9393

If you are 60 years of age or older the PGCSC Legal Help Line is available to help you at no cost by calling the number listed above. Although there are no fees for services, donations are gladly accepted.

PGCSC's qualified legal professionals can help with:

- Collection Effort Letters
- Wills
- Beneficiary Deeds (document preparation only)
- Guardian/Conservator (document preparation only)
- Fraud, Exploitation and Abuse
- Informal Probate (document preparation only)
- Affidavits to Transfer Real Property
- Affidavits to Collect Personal Property
- Landlord/Tenant Problems
- Power of Attorney (Medical and Mental Health Care)
- Living Wills
- Consumer
- Income Only Trust (document preparation only)

There are other free legal service agencies throughout the state for people with low incomes. Contact the office nearest you.

NATIONWIDE

Law for Seniors

www.LawForSeniors.org

STATEWIDE

Elder Law Hotline (age 60+)

www.azlawhelp.org

Arizona Coalition Against Domestic Violence (ACADV)
2800 N. Central Avenue, Suite 1570
Phoenix, AZ 85004
602-279-2900
Toll free: 800-782-6400
www.azcadv.org

Arizona Senior Citizens Law Project
1818 S 16th St
Phoenix, AZ 85034
602-252-6710

Arizona Center for Disability Law
5025 E. Washington Street, Suite 202
Phoenix, AZ 85034
602-274-6287
Toll free: 800-927-2260

Community Legal Services
305 S 2nd Ave
Phoenix, AZ 85003
602-258-3434
Client only: 1-800-852-9075

Community Legal Services, Inc.
1220 S. Alma School Road, Suite 206
Mesa, AZ 85210
480-833-1442
Toll free: 800-852-9075

Community Legal Services/Farm Workers Program Volunteer
Lawyers Program
305 S 2nd Ave
Phoenix, AZ 85003
602-258-3434

Equal Employment Opportunity Commission (EEOC)
3300 N Central Ave, Ste 690
Phoenix, AZ 85012
602-640-5000
www.eeoc.gov

Family Lawyer Assistance Project
201 W Jefferson Street, 6th floor
Phoenix, AZ 85003
602-506-7948

Friendly House Immigration Service
802 S First Ave
Phoenix, AZ 85003
602-257-1870

Arizona Attorney General Resources
www.azag.gov

Elder Help Line
602-542-2124
www.azag.gov/seniors

Community Service Programs
602-542-2123
www.CommunityServices@azag.gov
Consumer Information and Complaints
Toll free: 1-800-352-8431
www.ConsumerInfo@azag.gov

PINAL COUNTY

Southern Arizona Legal Aid
766 N. Park Avenue
Casa Grande, AZ 85122
520-316-8076
www.AZLawHelp.org

Florence Immigration and Refugee Rights Project (FIRRP)
P O Box 654
Florence, AZ 85132
520-868-0191

LIFE LONG LEARNING

Community Colleges offer a wide array of classes and learning opportunities, many of which are of special interest to older adults. If you would like to learn to use the computer, surf the Internet, learn more about your hobby, brush up on your Spanish or prepare for a new job, your community college is the place to start.

Gila County

Gila Community College
Gila Pueblo Campus
8274 Six Shooter Canyon Rd.
P.O. Box 2656
Globe, AZ 85502-2656
928-425-8481
www.gilaccc.org

Gila Community College
Payson Campus
201 N. Mud Springs Rd.
P.O. Box 359
Payson, AZ 85547-0359
928-468-8039
www.gilaccc.org

Gila Community College
San Carlos Campus
Tonto and Mesa Drive
P.O. Box 152
San Carlos, AZ 85550
928-475-5981
www.gilaccc.org

Pinal County

Central Arizona College - Signal Peak Campus
8470 N. Overfield Road
Coolidge, AZ 85128
1-800-237-9814
www.centralaz.edu

Central Arizona College - Aravaipa Campus
80440 E. Aravaipa Rd.
Winkelman, AZ 85192
520-357-2800
Toll free: 866-869-6507
www.centralaz.edu

Central Arizona College - Superstition Mountain Campus
805 S. Idaho Road
Apache Junction, AZ 85119
480-677-7700
www.centralaz.edu

LONG TERM CARE

Long term care is a term used to cover a variety of services to help individuals who live with illness, disability or functional limitations that require care over a long period of time.

There are three basic types of long term care: home and community based services, residential services and nursing home care facilities.

Long term care can be paid by Medicaid, known in Arizona as the Arizona Long Term Care System (ALTCS), if the individual meets financial and functional criteria, or some of the costs may be paid by private insurance.

Pinal-Gila Council for Senior Citizens may be able to provide some home and community services. (See "Home Health Care" Section of this Guide for additional resources.)

**ARIZONA DEPARTMENT OF HEALTH SERVICES (ADHS)
LICENSED ASSISTED LIVING AND SKILLED NURSING
FACILITIES**

GILA COUNTY

Copper Mountain Inn
1100 Monroe Street
Globe, AZ 85501
928-425-5721

Faubush Family Home
7760 South Six Shooter Canyon Road
Globe, AZ 85501
928-793-4603

Frontier House
906 E. Frontier Street
Payson, AZ 85541
928-468-2461

Heritage Health Care Center
1300 South Street
Globe, AZ 85501
928-425-3118

Houston Creek Assisted Living
210 Houston Creek Circle
Star Valley, AZ 85541
928-478-6943

Ordinary Lifestyles I
401 N. Laredo Lane
Payson, AZ 85541
928-595-2068

Ordinary Lifestyles II
9635 W. Stageline Road
Payson, AZ 85541
928-595-2068

Payson Care Center
107 East Lone Pine Drive
Payson AZ 85541
928-474-6896

Payson's Open Door
1008 S. Butte Crest Circle
Payson, AZ 85541
928-474-2096

Powell House
806 W. Longhorn Rd.
Payson, AZ 85541
928- 474-6249

Rim Country Health and Retirement Community
807 W. Longhorn Road
Payson, AZ 85541
928-474-1120

PINAL COUNTY

A Caring Manor I
20338 E. Via del Oro
Queen Creek, AZ 85142
480-987-3131

A Caring Manor
18642 E. Cloud Road
Queen Creek, AZ 85142
480-888-2284

Alott of Care
5375 E. Superstition Blvd.
Apache Junction, AZ 85119
480-288-9621

Anna's Assisted Living
4533 E. Rolling Rock Road
San Tan Valley, AZ 85140
480-529-3362

Apache Junction Health Center
2012 W. Southern Avenue
Apache Junction, AZ 85120
480-983-0700

Aurora House
675 W. Broadway
Apache Junction, AZ 85120
480-288-1791

Baxter Elder Care
3463 S. Mammoth Drive
Casa Grande, AZ 85193
520-836-9177

Bee Hive Homes
1510 E. Broadway Avenue
Apache Junction, AZ 85119
480-288-2400

Better Living Care
1895 S. Silver Drive
Apache Junction, AZ 85120
480-205-3595

Casa Grande Elderly Care
1282 E. Brenda Dr.
Casa Grande, AZ 85122
520-836-2713

Deborah's House
1201 N. Olive Ave.
Casa Grande, AZ 85122
520-426-9226

Everlasting
1251 W. Fruit Tree Lane
San Tan Lane, AZ 85143
480-258-1504

FADCO
3026 San Manuel Road
San Tan Valley, AZ 85143
480-225-6906

Family Tree Assisted Living
1741 N. Palm Park Boulevard
Casa Grande, AZ 85122
520-316-9008

Family Tys Assisted Living
1745 N. Palm Park Boulevard
Casa Grande, AZ 85122
520-421-3400

Garnet of Casa Grande
510 East 8th St.
Casa Grande, AZ
520- 876-4200

Gold Canyon Hacienda
6480 S. Alameda Drive
Gold Canyon, AZ 85118
480-983-0939
Golden Age Supervisory Home
118 E. 11th St.
Eloy, AZ 85131
520- 466-7885

Golden Living Care
118 W. Caribbean Drive
Casa Grande, AZ 85122
520-518-5485 or
714-486-8061

Heartland Manor
2173 W. Pima Avenue
Coolidge, AZ 85128
480-390-6674

Horizon Bay Assisted Living
2080 S. Ironwood Drive
Apache Junction, AZ 85120
480-983-5047

IGH Adult Care I
689 E. Hondo Ave.
Apache Junction, AZ 85119
480-747-4977

IGH Adult Care II
1100 E. Osage Avenue
Apache Junction, AZ 85119
480-747-4977

Ironwood Assisted Living
1226 W. 13th Avenue
Apache Junction, AZ 85120
480-474-2111

Jaidon Manor II
1177 E. Bonita Place
Casa Grande, AZ 85122
520-876-0640

J R Neng Hernandez
11528 W. Madero Drive
Arizona City, AZ 85123
520-582-4978

Kopper Crest Manor
1329 S. Royal Palm
Apache Junction, AZ 85120
480-313-2636

Lita Caring Home I
1337 N. Walnut Dr.
Casa Grande, AZ
520-836-1480

Lita Caring Home II
208 E. Melrose Drive
Casa Grande, AZ 85122
520-836-8020

Lords Way Assisted Living
21436 E. Lords Way
San Tan Valley, AZ 85142
480-836-2263

Medisys Assisted Living
1301 N. Park Avenue
Casa Grande, AZ 85122
520-421-2200

Melody Care
1796 W. Ray Lane
Apache Junction, AZ 85120
480-987-8549

Oasis Pavilion
161 W. Rodeo Road
Casa Grande, AZ 85122
520-836-1772

Olive Branch Assisted Living Home
1121 N. Olive Avenue
Casa Grande, AZ 85122
520- 421-0071

Prime Care
1073 E. State Road
San Tan Valley, AZ 85140
480-656-6535

Quality Care Assisted Living
699 E. Montebello
Apache Junction, AZ 85119
480-983-0795

Renata's Home
2266 W. Peggy Drive
San Tan Valley, AZ 85142
480-304-2922

Renata's Home II
31392 N. Sun Flower Way
San Tan Valley, AZ 85143
480-304-2922

Salama Care Home
19665 E. Carriage Way
San Tan Valley, AZ 85142
480-840-4076

San Tan Valley Assisted Living
214 W. Danish Red Trail
San Tan Valley, AZ 85143
715-497-6828

St. Raphael Family Home
1538 E. Jahns Drive
Casa Grande, AZ
520-876-0510

Sun Valley Care Home, LLC
DHS Licensed Assisted Living Home - Directed
1761 N. Agave St.
Casa Grande, AZ 85122
520- 876-9340

Supreme Adult Care
3629 E. Thames Circle
San Tan Valley, AZ 85140
480-987-8831

Supreme Assisted Living Care
3611 E. Thames Circle
San Tan Valley, AZ 85140
480-987-8831

The Caring House
510 S. Ocotillo Drive
Sacaton, AZ 85147
520-562-7400

Young Family Care
19331 E. Via de Palmas
San Tan Valley, AZ 85142
480-888-0456

Zen Family Wayne Ranch
1256 E. Elm Road
San Tan Valley, AZ 85140
480-677-3471

MEALS – HOME DELIVERED

The Meals on Wheels program provides home-delivered meals to homebound elderly adults and persons with disabilities who are at risk of losing their independence due to poor nutrition and support. PGCSC serves homebound individuals (age 60 and over) and those 18-59 with a doctor-certified disability. This effort is made possible through partnerships with senior center providers in our communities. (See SENIOR CENTER section for congregate meal program information)

This program is publicly funded but funding does not cover the true cost of the meals. Donations are encouraged and allow the program to continue or expand.

Pinal-Gila Council for Senior Citizens

Area Agency on Aging, Region V

8969 W. McCartney Rd.

Casa Grande, AZ 85194

520-836-2758

Toll free: 800-293-9393

www.pgcsc.org

OMBUDSMAN

The Long Term Care Ombudsman Program is designed to ensure that individuals living in nursing homes and other long term care facilities receive quality care. Ombudsmen are trained and certified through the Arizona Ombudsman Office. They visit individuals living in care facilities to help solve problems and resolve issues. When necessary Ombudsmen work together with DES Adult Protective Services.

PINAL AND GILA COUNTIES

Pinal-Gila Council for Senior Citizens, Region V

www.pgcsc.org

8969 W. McCartney Rd.

Casa Grande, AZ 85194

520-836-2758

Toll free: 800-293-9393

Arizona Department of Economic Security

Long-Term Care Ombudsman

1789 W. Jefferson, Site Code 950 A

Phoenix, AZ 85007

602-542-4446

PRESCRIPTION ASSISTANCE

Prescriptions are often expensive. One approach is to contact the manufacturer of your prescription. Many of the drug manufacturers have private prescription assistance programs. You contact them directly for information on their qualification requirements.

The following are some additional prescription assistance programs:

State Health Insurance Assistance Program (SHIP)
1-800-432-4040 or

Pinal-Gila Council for Senior Citizens
520-836-2758 or 1-800-293-9393

Sun Life Family Health Center
865 N. Arizola Road
Casa Grande, AZ 85122
520-836-3446

Discount Cards

Copper Rx (Arizona Prescription Savings Program)
Apply by calling 1-888-227-8315

Temporary cards can be downloaded from
<http://azgovernor/coppercard/>

Other Prescription Assistance Contacts

Partnership for Prescription Assistance

This one contact can help you find assistance in paying for prescription medications from over 200 companies.

1-888-477-2669

www.pparx.org

Benefits Checkup

www.BenefitsCheckUp.org

Medicare Prescription Assistance

www.SSA.gov/prescriptionhelp/

Medicare Prescription Drug Plans

www.MyMedicare.gov

1-800-633-4227

VA Benefits

520-836-2536 (Casa Grande)

1-800-554-7174 (Phoenix)

1-800-470-8262 (Tucson)

Tri-Care for Life

1-888-363-5433

AIDS Drug Assistance Program

800-334-1540

WHAT DO YOU DO WITH OLD PRESCRIPTION MEDICATIONS?

Prescription medication should be disposed of properly. It should never be left where children might have access to it, nor should it be flushed down the toilet or thrown into a landfill where it could seep into and contaminate the water supply.

Medication drop-boxes are the best place to get rid of old or unwanted medications. These drop boxes are located in many communities in Pinal and Gila Counties. Address are listed below:

Apache Junction – 24 hours a day
Apache Junction Police Department
1001 N. Idaho Road
Apache Junction, AZ

Also in Apache Junction –
Rural Metro Fire Department
1645 S. Idaho Road
Apache Junction, AZ

Arizona City
Arizona City Fire Department
14022 S. Sunland Gin Road
Arizona City, AZ
520-466-5542

Casa Grande

Casa Grande Police Department – 24 hours a day
373 E. Val Vista Blvd
Casa Grande, AZ 85122

Casa Grande Police Department – 24 hours a day
520 N. Marshall Street
Casa Grande, AZ 85122

Healthcare Medical Waste Services

1305 N. V I P Boulevard
Casa Grande, AZ
Last Wednesday of each month from 9:00 to 3:00

Coolidge – open 24 hours a day

Coolidge Police Department
911 S. Arizona Blvd.
Coolidge, AZ 85128

Eloy

Eloy Police Department
630 N. Main Street
Eloy, AZ 85131
520-466-7324

Florence – 24 hours a day

Florence Police Department
425 N. Pinal Street
Florence, AZ 85132

Gold Canyon

Rural Metro Fire Department
7557 E. US Hwy 60
Gold Canyon, AZ

Globe – 24 hours a day

Globe Police Department
175 N. Pine Street
Globe, AZ

Maricopa

45147 W. Madison Ave
Maricopa, AZ

Miami – 24 hours a day

Miami Police Department
740 W. Sullivan Street
Miami, AZ

Oracle

Oracle Fire Department
1475 American Way
Oracle, AZ

Payson - 24 hours a day

Payson Police Department
303 N. Beeline Highway
Payson, AZ

SaddleBrooke

Pinal County Sheriff's Office Substation
6370 Saddlebrook Blvd.
Saddlebrook, AZ

San Manuel

Pinal County Sheriff's Office Substation
28380 S. Veteran's Memorial Blvd.
San Manuel, AZ

San Tan Valley

Rural Metro Fire Department
28353 Main Street
San Tan Valley, AZ

Superior

Superior Police Department
734 South Main
Superior, AZ

PROPERTY TAX EXEMPTIONS AND SENIOR PROPERTY VALUE PROTECTION PROGRAMS

County Assessor Offices have various programs that may help older adults with their property taxes. Taxes may be reduced and/or temporarily protected from increases through property tax exemptions or through a senior property valuation protection program.

Gila County

Gila County Assessor's Office
1400 E. Ash St.
Globe, AZ 85501
928-425-3231
1-800-304-4452
www.co.gila.az.us

Pinal County

Pinal County Assessor's Office
31 N. Pinal Avenue, Building E
Florence, AZ 85132
520 509-3555
Toll free: 888-431-1311
www.pinalcountyz.gov/Departments/Assessor

RECREATION AND SOCIALIZATION

Senior Centers provide opportunities for various recreational activities and social events on a regular basis. Recreation departments, libraries, and various clubs in each community offer additional opportunities.

Contact your local senior center, recreation department or library for details about programs and events in your area.

Gila County Senior Centers

Globe Active Adult Center
579 S Broad St
Globe, AZ 85501
928-425-9030

Hayden Senior Center
(also serves parts of Pinal County)
520 Velasco Ave
Hayden, AZ 85235
520-356-7035

Miami Senior Center
506 Live Oak St
Miami, AZ 85539
928-473-4190

Payson Senior Center
514 W Main St
Payson, AZ 85541
928-474-4876

Pine/Strawberry Community Dining Center
P.O. Box 1281
Pine, AZ 85544
928-476-2151

Gila County Libraries

Globe Public Library
339 S. Broad St.
Globe, AZ 85501
928-425-6111

Gila County Library District
1400 E. Ash
Globe, AZ 85501
928-402-8768

Hayden Public Library
520 Velasco Ave.
P O Box 99
Hayden, AZ 85135
520-356-7031

Isabelle Hunt Memorial Public Library
6124 N. Randall Rd.
Pine, AZ 85544
928-476-3678

Miami Memorial Library
282 Adonis Ave.
Miami, AZ 85539
928-473-2621

Payson Public Library
328 N. McLane Rd.
Payson, AZ 85541
928-474-9260

San Carlos Public Library
San Carlos Avenue
P O Box 545
San Carlos, AZ 85550
928-475-2611

Tonto Basis Public Library
415 Old Highway #188
P O Box 368
Tonto Basin, AZ 85553
928-479-2355

Young Public Library
150 Community Center Road
P O Box 150
Young, AZ 85554
928-462-3588

Gila County City and Town Recreation Departments

City of Globe
150 N. Pine St.
Globe, AZ 85501

928-425-7146

Town of Hayden
520 Velasco Ave.
Hayden, AZ 85235
520-356-7801

Town of Miami
500 Sullivan St.
Miami, AZ 85539
928-473-4403

Town of Payson
303 N. Beeline Hwy.
Payson, AZ 85541
928-474-5242
www.ci.payson.az.us

Town of Winkelman
206 Giffin Ave.
Winkelman, AZ 85192
520-356-7854

PINAL COUNTY Senior Centers

Apache Junction Active Adult Center
1035 N. Idaho Road
Apache Junction, AZ 85119
480-474-5260

Coolidge Adult Center
250 S Third St
Coolidge, AZ 85128
520-723-4803

Dorothy Powell Senior Adult Center
(Casa Grande Senior Center)
405 E 6th St
404 E. Florence Blvd (mailing only)
Casa Grande, AZ 85122

520-421-8760

Dorothy Nolan Senior Center
(Florence Senior Center)
330 N Pinal St
P O Box 2670
Florence, AZ 81232
520-868-7622

Eloy Adult Center
3925 N. Shira
3655 W. Shedd Road (mailing only)
Toltec, AZ 85131
520-466-3166

Kearny Senior Center
912 E. Tilbury Dr.
Constitution Hall
P O Box 162
Kearny, AZ 85237
520-363-5071

San Manuel Senior Center
210 Avenue A
San Manuel, AZ 85631
520-385-2475

Superior Senior Center
326 Main St
P O Box 218
Superior, AZ 85173
520-689-5752

Pinal County Libraries

Apache Junction Public Library
1177 N. Idaho Rd.
Apache Junction, AZ 85119

480-474-8555

Arizona City Public Library
13254 Sunland Gin Road
Arizona City, AZ 85123
520-466-5565

Casa Grande Public Library
449 N. Dry Lake
Casa Grande, AZ 85122
520-421-8710

Casa Grande Public Library
1556 N. Arizola Road
Casa Grande, AZ 85122
520-421-8652

Coolidge Public Library
160 W. Central Avenue
Coolidge, AZ 85128
520-723-6030

Eloy Santa Cruz Library
1000 N. Main Street
Eloy, AZ 85131
520-466-3814

Florence Community Library
1000 S. Willow St.
Florence, AZ 85132
520-868-8311

Kearny Public Library
912-A Tilbury Rd.
Kearny, AZ 85137
520-363-5861

Mammoth Public Library
125 N. Clark St.
Mammoth, AZ 85618

520-487-2026

Maricopa Public Library
41600 W. Smith-Emke Road, Bldg 10
Maricopa, AZ 85138
520-568-2680

Oracle Public Library
565 E. American Way
Oracle, AZ 85623
520-896-2121

San Manuel Library
108 S. 5th Avenue
San Manuel, AZ 85631
520-385-4470

Superior Public Library
99 N. Kellner Avenue
Superior, AZ 85173
520-689-2327

Pinal County, City and Town Recreation Departments

City of Apache Junction
300 E. Superstition Blvd.
Apache Junction, AZ 85119
480-982-8002
www.ajcity.net

City of Casa Grande
510 E. Florence Blvd.
Casa Grande, AZ 85122
520-421-8600
www.casagrandeaz.gov

City of Coolidge
130 W. Central Avenue
Coolidge, AZ 85128

520-723-5361
www.coolidgeaz.com

City of Eloy
628 N. Main St.
Eloy, AZ 85131
520-466-9201
www.ci.elay.ar.us

Town of Florence
775 N. Main St.
Florence, AZ 85132
520-868-7500
www.town.florence.ar.us

Town of Kearny
912-C Tilbury Road
P O Box 639
Kearny, AZ 85137
520-363-5547
www.TownofKearny.com

Town of Mammoth
125 N. Clark St.
Mammoth, AZ 85618
520-487-2331

City of Maricopa
44624 W. Garvey Rd.
Maricopa, AZ 85139
520-568-9098
www.maricopa.ar.gov

Town of Queen Creek
22350 S. Ellsworth Rd.
Queen Creek, AZ 85142-9311
480-358-3000
www.queen creek.org

Town of Superior

734 W. Main St.
Superior, AZ 85273-3409
520-689-5752

REHABILITATION PROGRAMS

Individuals who have physical disabilities or challenges may benefit from the various programs offered to address their special needs.

There are a number of private companies which provide physical rehabilitation services; these are best located using your local telephone directory or the internet.

Listed below are vocational rehabilitation services for individuals who are no longer able to do the work they once did, but are looking for help to re-train for a new type of work.

GILA COUNTY

DES Vocational Rehabilitation
605 S. 7th Street
Globe, AZ 85501
928- 425-3101

DES Vocational Rehabilitation
100 N. Tonto Street
Payson, AZ 85541
928-474-4521

PINAL COUNTY

DES Vocational Rehabilitation
11518 E. Apache Trail, Suite 110 &111
Apache Junction, AZ 85120
480-983-0427

DES Vocational Rehabilitation
555 W. Main Avenue

Casa Grande, AZ 85122
520-858-8800

DES Vocational Rehabilitation
1155 N. Arizona Blvd.
Coolidge, AZ 85128
520-723-5351

RESPITE CARE

Respite care is intended to give unpaid caregivers a break. It is designed to help relieve caregiver stress and burn-out.

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85194-7432
520-836-2758
Toll free: 1-800-293-9393

GILA COUNTY

Gila Aging
141 North Hill Street
Globe, AZ 85501
928-473-2100

PINAL COUNTY

6033 E. Arbor Avenue
Mesa, AZ 85206
480-654-8200

Oakwood Creative Care
Town Center Location
247 N. MacDonald
Mesa, AZ 85201
480-464-1061

Oakwood Creative Care
Red Mountain Location
7550 E. Adobe Road
Mesa, AZ 85207
480-641-7644

For additional respite resources refer to the Parkinson Disease Association, Veteran Services and Pinal-Gila Long Term Care Programs as listed in this directory.

SELF-HELP AND SUPPORT GROUPS

These groups bring together individuals who are experiencing similar types of problems. Many times, a professional may lead or be part of the group. Groups may help individuals cope with an illness, bereavement or other challenging life experience.

GILA COUNTY

Alcoholics Anonymous (AA) and Al-Anon

For dates, times and locations of meetings within Gila County contact:

Alcoholics Anonymous
480-834-9033 between 9 and 5, Monday through Friday
www.aaphoenix.org Click on <Find a meeting>, <Show filters> and scroll down to find your city.

Alzheimer's Disease and Dementia Support Group

For dates, times and location of meetings, call:

Pinal-Gila Council for Senior Citizens
520-836-2758
Toll free: -800-293-9393

Payson

1st and 3rd Wednesdays of each month

1:30 – 3:00 p.m.

Payson Senior Center

514 W. Main Street

Contact Shirley Grady for additional information:

602-697-4870

Bereavement Support and Counseling

For dates, times and location of meetings within Gila County contact:

Southwest Behavioral Health Services

928-474-3303

Cancer Support Groups

For dates, times and locations of meetings within Gila county contact:

American Cancer Society – Central Arizona Region

602-224-0524

www.cancer.org

Gambler's Anonymous

For dates, times and locations of meetings within Gila County contact:

www.gamblersanonymous.org or

Arizona Office of Problem Gambling

Toll free: 800-639-8783

www.problemgamblingaz.gov

PINAL COUNTY

Alcoholics Anonymous (AA) and Al-Anon

For dates, times and locations of meetings within Pinal County contact:

Alcoholics Anonymous

602-264-1341

www.aaphoenix.org

Alzheimer's Caregivers Support Groups

Pinal-Gila Council for Senior Citizens

520-836-2758

1-800-293-9393 toll free

Arizona City

1st Tuesday of each month, 1:00 – 2:30 p.m.

Golden Harvest Community Church

1306 S. Sunland Gin Road

Arizona City, AZ 85123

Casa Grande

4th Wednesday, 1:00 – 2:30 p.m.

Dorothy Powell Senior Center

405 E. 6th Street

Casa Grande, AZ 85131

Florence

1st Wednesday of each month, 10:00 – 11:30 a.m.

Florence Gardens C-House

3830 N. Florence Blvd.

Florence, AZ 85132

(October through April only)

Oracle

1st and 3rd Wednesdays of each month

10:00 – 11:30 a.m.

St. Helen's Catholic Church

66 Maplewood Street

Oracle, AZ

Bereavement Support and Counseling

Hospice Compassus

520-421-7143

Hospice Family Care
520-421-2455 OR
480-461-3144

Cancer Support Groups

For dates, times and locations of meetings within Pinal County, contact:

American Cancer Society – Central Arizona Region
www.cancer.org
602-224-0524 or 520-426-7641

Caregiver Support

This statewide website and phone number provides information and assistance to family caregivers 24 hours a day, 7 days a week:

CRL@azcaregiver.net
888-737-7494

Domestic Abuse Support Group

For dates, times and locations of meetings, call:
480-982-0205 or 480-982-0196

Domestic Violence

Against Abuse, Inc.

Casa Grande, AZ
520-836-0858
www.AgainstAbuse.org

Community Alliance Against Family Abuse
Apache Junction, AZ
480-982-0196

Gambler's Anonymous

For dates, times and locations of meetings within Pinal County,
contact:

www.GamblersAnonymous.org

Arizona Office of Problem Gambling
Toll free: 800-639-8783
www.GamblingProblemAZ.gov

Grandparent Support Group

Casa Grande

Grandparents Raising Grandchildren
Sponsored by Seeds of Hope
1487 N. Crane Street
Casa Grande, AZ 85122
520-836-6335

Apache Junction

For dates, times, and locations of meetings, call:
Apache Junction Senior Center
480-474-5260

Kinship, Adoption, Resource & Education (KARE)
KARE Family Center
1487 N. Crane Street
Casa Grande, AZ 85122
520-421-0500

SENIOR CENTERS

Each Senior Center in Pinal and Gila Counties is unique in the programs and services offered.

Senior Centers usually serve a noonday meal and offer a variety of social and recreational activities. Many Senior Centers offer ongoing educational and exercise programs. Many times transportation to and from the Senior Center is available.

Pinal-Gila Council for Senior Citizens has staff members in various departments who visit Senior Centers on a regular basis to provide additional assistance such as for legal services or help with Medicare problems.

Gila County

Globe Active Adult Center
579 S Broad St
Globe, AZ 85501
928-425-9030

Hayden Senior Center
520 Velasco Ave
Hayden, AZ 85135
520-356-7035

Miami Senior Center
506 Live Oak St
Miami, AZ 85539
928-473-4190

Payson Multi-Purpose Senior Center
514 W Main St
Payson, AZ 85541
928-474-4876

Pine/Strawberry Community Dining Center
P.O. Box 1281
Pine, AZ 85544
928-476-2151

PINAL COUNTY

Apache Junction Active Adult Center
1035 N Idaho Rd
Apache Junction, AZ 85119
480-474-5260

Coolidge Adult Center
250 S Third St
Coolidge, AZ 85128
520-723-4803

Dorothy Nolan Senior Adult Center
(Florence Senior Center)
330 N Pinal St
Florence, AZ 85132
520-868-7622

Dorothy Powell Senior Adult Center
(Casa Grande Senior Center)
405 E 6th St
Casa Grande, AZ 85122
520-421-8760

Eloy Adult Center
3925 N. Shira
Eloy, AZ 85131
520-466-3166

Kearny Senior Center
912 E. Tilbury Dr.
Constitution Hall
Kearny, AZ 85137
520-363-5071
(part-time only)

Oracle Senior Center
P.O. Box 1382
Oracle, AZ 85631
(part-time only)

San Manuel Senior Center
210 Avenue A
San Manuel, AZ 85631
520-385-2475
(part-time only)

Superior Senior Center
360 Main St
Superior, AZ 85173
520-689-575

SOCIAL SECURITY AND MEDICARE

Two of the most important programs for older adults are Social Security for income and Medicare for health, hospitalization and prescriptions. Both of these programs have comprehensive websites.

Pinal-Gila Council for Senior Citizens has counselors trained to help you understand Medicare and Social Security benefits. They can address your specific needs and assist you with the decision making process.

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85294-7432
520-836-2758 or
Toll free: 800-293-9393
www.pgcsc.org

Social Security
Toll free: 800-772-1213 M-F 7am to 7pm
www.ssa.gov

Medicare

Toll free: 800-MEDICARE (1-800-633-4227) 24 hrs day/7 days per week

www.medicare.gov

TAX ASSISTANCE (INCOME TAX)

There is free help available for older adults as well as homebound older adults to complete and file their federal and state income tax returns. Assistance is available in almost every city and town in Arizona primarily through volunteers who pitch in to help out.

Dates, times and locations for tax help change every year. The Statewide Community Information and Referral Website annually posts all of the tax assistance sites and times on their website. You can also find out who to contact locally by calling Community Information and Referral. Many tax sites are sponsored by AARP.

Tax Assistance for the Homebound
888-277-7699 (AARP's Tax Aide Site)

Community Information and Referral
(during tax season call this number to find free tax help nearest to you)
602-263-8856 or
Toll free: 800-352-3792

United Way of Pinal County
www.UnitedWayofPC.org
click on <VITA>

TELEPHONE ASSISTANCE

The Telephone Assistance Program (TAP) helps with basic phone bills every month as well as installation charges.

Emergency cell phones are available through local TRIADS (see TRIAD in this Guide).

GILA COUNTY

DES Telephone Assistance Program
Toll free: 800-582-5706

Gila County Community Action Program
107 W. Frontier, Suite C
Payson, AZ 85541
928-474-1759

PINAL COUNTY

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd..
Eloy, AZ 85131
520-466-1112

TELEPHONE REASSURANCE

Provides a friendly phone call each morning to check on the well being of individuals who have requested this service.

Casa Grande Police Department
Wendy Edwards at
520-421-8711, ext. 6140

TRIAD
Pinal County Attorney's Office Community Liaison
Debra Miller (Community Liaison) at
520-866-6271

TRANSPORTATION

Many of the Senior Centers in Pinal and Gila counties offer at least limited transportation assistance. They usually can provide rides to and from senior centers and at times they can provide rides to shopping, medical appointments and recreational events. Specialized transportation assistance is available in some communities. (Also see "Senior Centers" in this Guide.)

GILA COUNTY

Globe / Miami

Dial-A-Ride/Cobre Valley Transit
928-473-8222

Payson

White Mountain Passenger Lines
928-537-4539
Toll free: 866-255-4819

San Carlos/Safford/Globe

San Carlos Nnee Bich'onil Services
928-475-5011, ext. 256

PINAL COUNTY

Regional

Central Arizona Regional Transit
520-723-7195

Apache Junction

Apache Junction Ride Choice
480-474-5260

Casa Grande

Pinal Connections
800-427-1271

Coolidge

Cotton Express/ Dial-A-Ride: 520-723-7195

Eastern Pinal County

On-the-go-Express

Toll free: 800-208-6897, ext. 7685

Maricopa

City of Maricopa Express Transit (COMET)

520-316-6959

TRIAD

A partnership of the Pinal County Sheriff's Office, the Pinal County Attorney's Office and volunteers, TRIAD works to identify areas of concern for senior citizens and concentrates on finding solutions. TRIAD also works in partnership with Pinal-Gila Council for Senior Citizens. Several communities within Pinal County have a TRIAD in place. Programs may include, but are not limited to:

Home Alone Kits. Volunteers install a pendant system in the home that can be activated for an emergency call in case the person is unable to reach the phone.

Refrigerator Medical Cards. This is a medical information form printed on two sides of a yellow card the size of a half sheet of paper. It is placed on the front of the refrigerator and, in an emergency, provides first responders or emergency medical personnel with essential information.

Telephone Reassurance. An elderly community resident may request a call, and a volunteer will call each morning to ensure that the person has had a safe evening.

Pinal County Attorney's Office Community Liaison
520-866-6271 (ask for Community Liaison)

UNEMPLOYMENT

DES/ Arizona Workforce Connections
1015 E. Florence Blvd.
Casa Grande, AZ 85122
520-374-3020

UTILITY ASSISTANCE

Some utility companies may provide assistance in limited situations. Contact your local utilities for information. The Community Action Programs can also provide utility assistance and are listed below:

GILA COUNTY

Gila County Community Services Division
5515 S. Apache Avenue, Suite 200
Globe, AZ 85501
928- 425-7631

Gila County Community Action Program
107 W. Frontier, Suite C
Payson, AZ 85541
928- 474-1759

PINAL COUNTY

Community Action Human Resources
Agency (CAHRA)
109 N. Sunshine Blvd.
Eloy, AZ 85131
520- 466-1112

VETERAN'S ASSISTANCE

The Arizona Department of Veteran's Affairs and its satellite offices located throughout the state work on behalf of Arizona veterans in a number of ways. Among the services they provide are medical, behavioral health, educational benefits, financial services, and advocacy. Benefits are for veterans and their families and dependants.

Since benefits differ based on the wars or conflicts during time of service, it is important to speak with someone in the Veteran's Affairs Office to determine what benefits you and your family are eligible for. PGCSC strongly encourages every veteran to register with their local Veteran's Affairs Office. You and your family may be eligible for benefits you didn't even know existed!

There are services available for caregivers of post-911 veterans.

NATIONWIDE

Veteran's Crisis Line
1-800-273-8255

Services for Caregivers of post-911 Veterans
Caregiver Support Line
Toll free: 855-260-3274

STATEWIDE

American Legion Office
3333 N. Central, Suite 1048
Phoenix, AZ 85012
602-627-3281

Arizona Department of Veteran's Affairs
3839 N. 3rd Street Suite 300
Phoenix, AZ 85012
602-255-3373

Phoenix Veterans' Healthcare System
650 E. Indian School Road
Phoenix, AZ 85012
602-277-5551
Toll free: 800-554-7174

Southern Arizona Veterans Health Care System
3601 S. 6th Avenue
Tucson, AZ 85723
520-792-1450
Toll free: 800-470-8262

Veteran's Service Division
National Guard Office
1335 N. 5th St., Room M5710
Phoenix, AZ 85008
602-629-4380

PINAL COUNTY

Arizona Veteran's Affairs Office
401 N. Marshall St.
Casa Grande, AZ 85122
520-426-1456

Veteran's Program Employment Services
Arizona Workforce Connection
1015 E. Florence Blvd., Suite A-100
Casa Grande, AZ 85122
520-374-3030 or
520-374-3022

VOLUNTEER OPPORTUNITIES AND PROGRAMS

There are many volunteer opportunities for older adults who want to stay active and contribute to the community. Interested volunteers may contact the following:

GILA COUNTY

Pinal-Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85294
520- 836-2758 or
Toll free: 800-293-9393

PINAL COUNTY

Big Brothers/Big Sisters of Southern Arizona
1010 E. McDowell #400
Phoenix, AZ 85006
520-483-8474

Community Action Human Resources Agency (CAHRA)
109 N. Sunshine Blvd.
Eloy, AZ 85231
520- 466-1112

Pinal Gila Council for Senior Citizens
8969 W. McCartney Road
Casa Grande, AZ 85294
(520) 836-2758 or
Toll free: 800-293-9393

Retired Senior Volunteer Program (RSVP)
East Valley RSVP
(480) 775-1466

United Way of Pinal County
1-800-390-0736
520-836-0736
www.UnitedWayofPC.org

VOTING INFORMATION

Elected officials make changes to programs and services based on what they think is important to the people they represent. The MOST influential individuals are REGISTERED VOTERS. It is important to REGISTER and to VOTE!

Voting from home is easier than ever now by requesting a mail-in ballot or by requesting to be on the permanent mail-in ballot list.

Arizona Secretary of State Website is: www.azsos.gov

Voter Registration Hotline 1-877-THE-VOTE (843-8683)

VOTER QUALIFICATIONS:

You must:

Be a resident of Arizona

Be 18 years of age or

Not have been convicted of a felony (unless your civil rights have been restored)

Not have been adjudicated incompetent as defined in A.R.S. § 14-5101

TO REGISTER TO VOTE:

Online: Go to www.servicearizona.com and select voter registration

Print a form: Go to www.azsos.gov and select printable form. Complete, sign and mail form as noted on instructions.

By mail: You may contact the County Recorder's Office listed below for your area and request that a voter registration form is mailed to you.

In person: You may visit the County Recorder's Office in the county in which you are a legal resident and complete a voter registration form.

Gila County Recorder

Globe, AZ 85501
(928) 425-3231 ext 8730

Pinal County Recorder

Florence, AZ 85132
520-868-7100

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“Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Pinal-Gila Council for Senior Citizens prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Pinal-Gila Council for Senior Citizens must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Pinal-Gila Council for Senior Citizens must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Pinal-Gila Council for Senior Citizens will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Olivia Guerrero at 520-836-2758 or 1-800-293-9393. Para obtener este documento en otro formato u obtener información adicional sobre esta política, Olivia Guerrero at 520-836-2758 or 1-800-293-9393.”

Pinal-Gila Council for Senior Citizens

520-836-2758 or 1-800-293-9393



Make the Connection...



Pinal and Gila County Senior Centers

Apache Junction Active Adult Center 480-474-5260

Coolidge Adult Center 520-723-4803

Dorothy Nolan Senior Center (Florence) 520-868-7622

Dorothy Powell Senior Adult Center (Casa Grande) 520-421-8760

Eloy Adult Center 520-466-3166

Globe Active Adult Center 928-425-9030

Hayden Senior Center 520-356-7035

Kearny Senior Center 520-363-5071

Miami Senior Center 928-473-4190

Payson Senior Center 928-474-4876

Pine/Strawberry Community Dining Center 928-476-2151

San Manuel Senior Center 520-385-2475

Superior Senior Center 520-689-5182